



Monthly Resource Document



CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES



This monthly resource document is brought to you by the
Chatham-Kent Community Navigators

Community Navigators help residents of Chatham Kent who are looking for some support.

Their services are offered free of charge and include:

- Provide one-on-one instruction in accessing government, social and health services online
- Provide referrals to other social services, employment and educational programs in the community
- Assist with applications for government programs and benefits
- Complete personal income tax returns for qualifying low-income residents
- Employment support assisting with resume creation, cover letter development, online job applications and employment resource sharing
- Deliver workshops and I.D. clinics
- Provide computers to qualifying low-income youth, families and eligible non-profit organizations via the Computer Connects program

For more information about Community Navigators, please call
(519) 355-1380, or email
ckcn@chatham-kent.ca

If you find it valuable and would like it to be delivered to your email inbox each month, please email ckcn@chatham-kent.ca with the subject line
"Please add me to the monthly resource document mail out"



CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

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CLOTHING AND PERSONAL NEEDS

CHATHAM

Goodwill Community Store and Donation Centre Drive through	Gently used clothing & household items	255 Grand Ave. W Chatham	Monday – Friday 9 am - 9 pm Saturday 9 am - 6 pm Sunday 10 am - 5 pm	519-351-9486
Loads of Love	Gently Used Clothing & furniture	15 Princess St N Chatham	Tues – Fri 9 am - 4 pm Saturday 9 am – 2 pm Sun & Mon closed	519-352-0911
Missions Thrift Store	Gently used furniture and household items	26 Wellington St Chatham	Monday to Friday 9 am - 5 pm Saturday 10 am – 4 pm	519-351-3817
New Life Thrift Store	Gently used clothing & furniture	202 Queen St Chatham	Monday – Wednesday 9 am – 4 pm Thursday & Friday 9am – 6pm Saturday 10am – 4 pm	519-354-5033
St. Vincent de Paul Thrift Store	Gently used clothing & furniture	80 King St E Chatham	Monday – Saturday 9 am - 4 pm	519-354-0410
Salvation Army Thrift Store	Gently used clothing & household items	456 St. Clair St Chatham	Monday – Saturday 9 am – 5 pm Sunday Closed	519-358-7299
The Family Treasure Chest	Gently used clothing & household items	122 Richmond St Chatham	Tuesday – Saturday 10 am–4 pm Sunday & Monday Closed	519-397-4660
The Encore Shop & Gallery	Second Hand clothing with 5% of all proceeds donated to local charity. Encore works with organizations assisting the homeless in CK as well as youth aging out of foster care.	137 Queen St Chatham	Tues., Wed., Thurs., and Fri 9 am -4:30 pm	519-784-0463
Thrifters' Nest Families Helping Families	Thrift & consignment shop; clothing and household items	80 William Street Chatham (Former Dutch Market)	Follow on FaceBook Mon – Fri. 9 am – 4 pm. Thurs 6 – 9pm ; Sat. 10 am – 4 pm	519-351-5638 thriftersnest@gmail.com
Value Village	Gently used clothing & Household items	80 Keil Dr Chatham	Monday – Thursday 10 am – 8 pm Friday and Saturday 10 am – 9 pm Sunday 11 am – 7 pm	519-354-9325

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WALLACEBURG					
Goodwill Donation Centre	Donation Centre ONLY	1416 Dufferin Ave Wallaceburg	Monday - Friday Saturday Sunday	9am - 9pm 9am - 6pm 10am - 5pm	519-627-9354
Re-Find Charity Thrift Shoppe	Gently used clothing, furniture & household items	216 Nelson St Wallaceburg	Mon. & Sat. Tuesday - Friday	10am - 2pm 10am - 4pm	519-626-9814
Salvation Army Thrift Store	Gently used clothing & household items	600 Lowe Ave Wallaceburg	Tues - Thurs Friday	9:30am-12 1- 4pm 9:30 am – 12 pm	519-627-1163
RIDGETOWN					
New to You	Gently used clothing & household items	37 Main St E Ridgetown	Mon Tues Wed., & Fri 10 – 5 Thursday 10 -6 Saturday 10-2	ridgetownnewtoyou@gmail.com	519-784-8755
DRESDEN					
Community Closet	Clothing and personal items Food Pantry Box Book Box	North Dresden Baptist Church 182 Trerice St W Dresden	Tues & Thurs 11am - 3pm Fri 4pm – 8pm 3 rd Sat each month 10am – 12am		519-683-4892 or 519-358-5439
EMPLOYMENT & TRAINING RESOURCES					
Adult Language and Learning	Literacy & Essential Skills Upgrading Immigration Programs & Service Newcomer settlement services ESL classes; Youth programs Assistance with forms for Newcomers & Permanent Residence	240 King St W Chatham	Monday – Friday 9am-4:30pm		519-354-7424
CK Jobs Employment Service	Explore your career options, strengthen your résumé, search for jobs, prepare for job interviews, & look at education and skills training opportunities with the support of a Job Developer. Available at 6 locations across Chatham - Kent	<u>Municipal Service Centres</u> 35 Talbot St, Blenheim 435 Grand Ave W Chatham 485 St. George St. Dresden 17 Superior St. Tilbury 45 Main St Ridgetown 786 Dufferin Ave Wallaceburg	Monday – Friday 8:30 – 4:30 pm Follow this link for more info: Chatham-Kent Jobs – Connect Prepare Succeed (chathamkentjobs.com)		519-351-8573

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College Boreal	Offers a unique variety of courses that are individualized to the learners needs; offers settlement services for Permanent Residents and newcomers	161 King St W Chatham	Monday – Friday 9am - 5pm	519-397-1677 Collège Boréal - Francophone Postsecondary Education in Ontario (collegeboreal.ca)
Community Living Chatham JOBWORX Employment Services	Assists with employment readiness, job discovery, job securement and sustained employment Helps search career paths, enhance resumes, interview prep, explore educational and skills training options	101 Stewart St Chatham	Monday – Friday 8:30am – 4:30 pm After hours appointments available upon request	Call 519 – 351 – 0460 Community Living Chatham-Kent Ontario – (clc-k.ca)
Contact North	Offering a wide range of free study course online; including upgrading, secondary and post-secondary options	Call or email to set up an appointment at a location that is convenient to you	Virtual access Mon – Friday 8:30am – 4:30pm	chathamkentlambton@contactnorth.ca James Bolos 1-855-353-5949
Employment and Social Services	Photocopier in lobby to copy & fax documents at no charge	435 Grand Ave W 1 st Floor Chatham	Monday - Friday 8:30am- 4:30pm	519-351-8573
Goodwill Career Centre Wallaceburg	Explore your career options, strengthen your résumé, prepare for job interviews, or look at education and skills training opportunities	1416 Dufferin Ave Wallaceburg	Virtual Services: Mon-Fri 8:30am - 4:30pm Drop-in Hours: Tues / Thurs 8:30am-4:30pm	519-354-4400 Schedule appointment online at: Career Centre Appointment - Goodwill (goodwillindustries.ca)
Goodwill Career Centre Chatham	Explore your career options, strengthen your résumé, prepare for job interviews, or look at education and skills training opportunities	300 Lacroix St Chatham	Virtual Services: Mon-Fri 8:30am - 4:30pm Drop-in Resource Centre: Mon-Fri 8:30 am – 4pm	519-354-4400 Schedule appointment online at: Career Centre Appointment - Goodwill (goodwillindustries.ca)
Lambton Kent District School Board – Adult Education	Free Training & Upgrading Digital Skills for Work Ages 19+ Skills for Success Ages 19+ Online or in person delivery	Chatham 230 Faubert Dr Wallaceburg 920 Elgin St Visit: Adult Education - Lambton Kent District School Board (lkdsb.net) Check website for hours of credit support in respective communities	Call, email, or visit the websites for available registrations Wallaceburg Hrs Tues -Thursday 9:30am – 2:30pm	519-354-6100 ext.5 or email Chatham.Upgrading@lkdsb.net Wallaceburg.Upgrading@lkdsb.net 519-627-7452
	Digital Skills upgrading for adults Email techniques; AI; Job Search; Online Safety; Microsoft Office	Chatham location 230 Faubert Dr Must Register by calling the Chatham office	Tuesdays & Wednesdays 9:30am-12:30 pm Starting April 29 th	Register at 519-354-6100 ext. 5

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Lambton Kent District School Board/ St. Clair College School within a College (SWAC)	Earn secondary school credits and college delivered Dual Credits ; see the websites for eligibility criteria	St. Clair College Thames Campus Chatham	Follow the link for details	https://www.stclaircollege.ca/programs/swac
Sainte Trinite Catholic High School	Continuing Education in French language to obtain your Grade 12 For those 18 + yrs.	Conseil Scolaire Catholique Providence – CK Satellite location Pain Court	Contact for details	519-355-1304 1-877-250-4877
South Essex Community Council	Employment and Training Resources available to Wheatley Area <ul style="list-style-type: none">Career Hub – employment supportLiteracy & Basic Skills - upgradingLanguage Training offered in class or one on one training with TESL certified instructorsSettlement Service Workers for permanent residents, convention refugees, refugee claimants, naturalized Canadians and temporary visitors	Monday – Friday 8:30 am – 4: 30 pm Saturday 8:30 am – 12:30 pm Wheatley and Area	Contact for more information	www.secc.on.ca info@secc.on.ca 519-326-8629
St. Clair College – (ACE) Academic & Career Entrance Upgrading	Free upgrading to college entrance in Mathematics, Communications, Sciences, computer skills, and self-management	Call the college for class hours and times		Deb Wilmott 519-354-9100 ext. 3586 A.C.E. (Academic & Career Entrance) St. Clair College
<div>FREE Resume Printing</div>	FREE Resume printing is available at all 11 branches of the Chatham Kent Public Library – 10 resume copies per day Speak to a library staff or a Community Navigator for assistance			

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FOOD RESOURCES

CHATHAM				
Free Little Pantries in Chatham	Take what you need and leave what you can for others - Food - Personal Hygiene Items	<ul style="list-style-type: none">• Christ Church (beside bus depot)• 15 Orchard Height ; 35 Oxley Drive• Corner of Victoria & Grand Avenue• BME Freedom Park• 20 Sandys St. outside the Women’s Centre• 102 Taylor Ave• 50 Adelaide St (inside Family Service Kent)• Tepperman’s Parking lot• Chatham Hope Haven <i>*not filled by FreeHelpCK</i>• 805 Grand Ave W• 450 Park Ave pantry - <i>Closed until further notice</i>		24 hours a day / 7 days a week As available Follow FreeHelpCK on FaceBook 519-784-7857 (24/7) 519-990-5178 (Geri) 226-494-0159(office) freehelpck@gmail.com
Blessed Sacrament/ St. Agnes	Food Vouchers Blessed Sacrament Church Food Vouchers- issued every 3 months per person/household to those living north of the Thames River	145 Victoria Ave Chatham Issued from the side door	Thursdays 1 – 2:30 pm	519-352-9483
	Soup Kitchen / Bagged Lunch	145 Victoria Ave	Thursday 11 – 12	
Campbell AME Church	Soup Kitchen	20 Prince St Chatham	Wednesdays 11:30am - 12:30pm	519-358-1219 campbellAMEchatham@gmail.com
Christ Church	Bagged lunch	80 Wellington St W Chatham	Mondays 11:30-12:15 pm	519-352-1640 churchoffice@christchurchchatham.ca
Emmanuel Baptist Church	Hot Meals Monthly	100 McNaughton Ave	Sundays 4 – 5 pm	
			June 22, Sept 21 Oct 19, Nov 16 and Dec 7 No meals in July and August	519-351-2112
Family Service Kent meals	Frozen Meals ranging from \$3.50 – \$ 8.00 in price	Curbside pickup or delivery in Chatham - Kent	Call Family Service Kent	519-354-6221 ext. 236

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First Presbyterian Church Breakfast	Eat IN Breakfast Program	60 Fifth St Chatham	Saturdays 9:30 am - 11 am	519-352-2313 office@firstchatham.org
Free Help CK	Meals for seniors See Senior section below	Delivered-must call for arrangements	Monday & Thursday delivery 11am – 2pm	24/7 519-784-7857 Geri 519-990-5178 Office 226-494-0159 freehelpck@gmail.com
Free Help CK The Community Table	Free Community Dinner	St. Paul's Congregational Church 450 Park Ave W Chatham	4 th Thursday of each month 5:30 pm – 6:30 pm	Office 226-494-0159 freehelpck@gmail.com
Holy Trinity St. Paul's Anglican Church	Food Vouchers When participants are issued a voucher, they are provided with a date when they can return for the next one – generally 2 months Program to resume Jan. 7 th , 2025, at normal hours	81 Selkirk St Chatham	2 nd and 4 th Tuesday of the month 9 am – 10:30 am	519- 354-1072 holytrinity.stpauls@gmail.com
Hope Haven	Lunch meal, laundry, clothing Food bank – Monday	183 Wellington St Chatham	Daily 10 am - 2 pm (Lunch) Little Free Pantry/ Food bank - Monday only 12-2pm	519-351-4010 chathamhopehaven@gmail.com
Interfaith Caring Kitchen St Ursula Church	Dine in; Take out; Drive up	St Ursula Church 205 Tweedsmuir W Chatham	2 nd & 4 th Wednesday of Month 4:30 pm	519-352-8530 stursula@dol.ca
Meals on Wheels	Offers hot nutritious meal delivery to Chatham, Blenheim Dresden, Ridgetown and surrounding areas	Call to determine delivery locations and prices	Monday, Wednesday & Fridays	Barb Noorenberghe 519-351-6325 info@mealsonwheelsck.com
NeighbourLink Food and Grocery Delivery	Will deliver food from Outreach for Hunger food bank to those who have no means of travel & struggle with food insecurity Also have volunteers who will shop and/or pick up groceries for people who are housebound		Call to arrange services	519-352-5647 www.neighbourlinkck.com
NeighbourLink – Street Frenz	Weekly delivery of sandwiches to those living unhoused	Contact NeighbourLink to arrange services	Deliveries – Thursday Afternoons weekly 4 – 7 pm	519-352-5647 www.neighbourlinkck.com

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Outreach for Hunger	Food Distribution Bring ID	10 Wellington St Chatham	Mon, Wed, Fri 11 am – 3:00 pm	Office Hrs. 8am-4pm 519-351-8381 bjl@ciaccess.com
Praise Fellowship Church	Soup Kitchen Take out only Free clothing available	165 Park Ave E Chatham	Tuesdays 11 am - 12pm	519-351-0066 mail@pfchurch.com
Salvation Army Chatham	Appointments needed for food bank *Bring ID & proof of address	460 Orangewood Blvd Chatham	Monday to Friday 9 am – 12 noon ; 1 pm – 3:30 pm	519-354-8353
Spirit & Life Centre St. Joseph /St. Ursula	Bagged Lunch Pantry ID Required	184 Wellington St Chatham	Fridays 11 am (doors open at 10:30) Bagged lunches not available on Fridays of long weekends Pantry Friday 11:30 – 1:30pm	519-352-8530 stjoseph@dol.ca
St. Paul-Victoria Ave United Church	Food Shopping Cards -only issued every 60 days with personal ID Pantry available weekly to everyone	85 William Street St Chatham	Wednesday 9:00am –10:30am Reminder: Food Shopping Cards issued once Every 2 months (or every 60 days) with ID Pantry available to everyone weekly	office@standrewschatham.org 519-354-7540
WALLACEBURG	Follow Wallaceburg Community Free Meals & Pantries on FaceBook for the most up to date news on Free Meal programs			
Bethel Church	Eat In Only Supper	35 McNaughton Ave Wallaceburg	4th Tuesday of the Month 5 pm	519-627-6413 office@bethelwallaceburg.com
First Baptist Church Helping Hands	Eat In Supper	99 Thomas Ave Wallaceburg	3 rd Saturday of the month 5:00pm	519-627-6414 info@1stbaptist.ca


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Knox Presbyterian Church	Soup Cellar Lunch Eat In Only	251 Duncan St Wallaceburg	Every Wednesday 11:30 am – 12:30 pm	519-627-4367 knox251@hotmail.com
	Food Pantry (bring own bags)	251 Duncan St Wallaceburg	Thursdays 10:30 – 11:30am	
Mom’s Baby Cupboard	diapers, baby food etc. Services Wallaceburg and surrounding areas only	St. James Anglican Church 719 James St Wallaceburg	2 nd Thursday each month 10:00 am – 12:00 pm	519-627-1302 stjameswallaceburg@diohuron.org
Our Lady Help of Christians Church	Eat in only supper	422 Elgin St Wallaceburg	2nd Saturday of month Doors open at 4:30pm	519-627-2013 cthompson@dol.ca
R.O.C.K. Missions	Full meal resource	233 Nelson St Wallaceburg	Monday, Tuesday Thursday, Friday 1 – 5 pm Drop In closed Wednesday	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163 www.reachoutck.com
St. Vincent de Paul	Food Assistance by Appointment Only	422 Elgin St Wallaceburg	Monday, Wednesday & Friday	Call For Appointment 519-627-2013 Ext 3
Salvation Army Food Bank	Appointments only *Bring ID and proof of address	600 Lowe Ave Wallaceburg	Call for appointment Tuesday – Friday	519-627-8257
Trinity United Church	Eat In only supper	750 Wellington St Wallaceburg	4 th Friday of the month 5:00 pm	519-627-1472 trinitywallaceburg@gmail.com
Wallaceburg Christian Reformed Church	Eat-in Supper	150 Bruinsma Ave Wallaceburg	3rd Tuesday of the month 5:00pm	519-627-7845 wallaceburg_crc@hotmail.com
Wallaceburg Free Pantries	Personal and Food items	Library Park- James St No Frills – Warwick Drive		

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BLENHEIM				
Blenheim Word of Life Church	Meal pick-up (call to order) Delivery of meals to seniors/shut-ins(call to order) *Outdoor winter clothing closet available & accepts donations	22 Talbot St W Blenheim Curbside pickup only	Wednesday and Friday 10 am – 12 noon	Call the church at 519-676-8036 to place your order
Salvation Army Blenheim	Walk in for services and food bank *Bring ID & Proof of address	Baptist Church 24 Talbot St in the basement Blenheim	Wednesday & Thursday 1 – 4 pm	519-676-3886
DRESDEN				
Dresden Food Bank	Food and personal items	Dresden Community Church	Tues & Thurs 10am - 12 noon Call for appointment	519-683-6541 dcc@kent.net
North Dresden Baptist Church Free Pantry	Free Pantry – filled by FreeHelpCK Community Closet Community Meal	North Baptist Church 182 Trerice St W Dresden	Community Closet Tues & Thurs 11 am – 3 pm Friday 4pm – 8pm Third Saturday of month 10am-12 noon Community Meal last Wednesday of every month @ 5:30 pm	519-683-4892 Follow Dresden North Baptist Church on Facebook
MERLIN				
Merlin Food Bank	Food and personal items	100 Aberdeen (Merlin United Church) Merlin	Fridays 10am – 12 noon	For additional help call Phyllis at 519-350-2219
RIDGETOWN				
Little Free Pantry – filled by FreeHelpCK	Food and Personal item	75 Main St East Ridgetown Legion	24/7	
Salvation Army Ridgetown	Walk in for food bank *Bring ID & Proof of address	18 Main St – moving across the street in mid June 2025	Tuesday 9am – 4 pm Wednesday 9am – 12 noon	519-354-8353

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St. Michael's Parish/St. Vincent De Paul	Food Vouchers issued by St. Vincent de Paul	St. Michael's Parish Serves Ridgetown, Thamesville, Highgate & Morpeth communities	Daily Monday – Friday Must call ahead to determine availability of vouchers	519-674-3343 Calls only, no drop-ins
THAMESVILLE				
Thamesville United Church	At the Table – free community meal & Free Pantry filled by the church	107 Elizabeth St Thamesville	Last Tuesday of the month Closed in the summer months	Rhonda McLean 519-692-4827
TILBURY				
Ashley's Place	Free soup and coffee or hot chocolate	75 Queen St. Tilbury	Saturday 11am -1:00pm	226-798-4592 (CK area) Get Away and Experience Paradise at Ashley's Place Inc. Facebook
Tilbury Little Free Pantry		151 Queen St S CSN Apex Autogroup property	24/7	As available Follow FreeHelpCK on FaceBook 226-494-0159(office) freehelpck@gmail.com
United Way's Tilbury Information and H.E.L.P Centre	Food Bank	26 Queen St Tilbury	Monday – Wednesday 9am – 3:pm Thursday, Friday 9am – 3pm. Closed 12 - 12:30 pm daily	519-354-0430 Call for Appointment
WHEATLEY				
Wheatley Area Food Bank	A pay-it-forward initiative open to the community to purchase basic pantry items and fresh produce at affordable prices. All proceeds are used to provide food assistance to our neighbours who are currently experiencing food insecurity	108 Talbot Road E PO Box 99 Wheatley	Mon, Wed. Thurs, Fri 9am – 5pm Tues 9am – 8pm; Sat 10am – 2pm To request food assistance:	Susan Fulmer www.wheatleyareafoodbank.ca Cell - (519) 300-4101
South Essex Community Council	Meals on Wheels Cost applies -call for rates	Serving Wheatley Area in partnership with Green Heart Kitchen	Monday – Friday 8:30am – 4:30 pm	www.secc.on.ca info@secc.on.ca 519-326-8629

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GOVERNMENT SERVICES

Community Navigators	Assists with filling out paper or online forms; information search; referrals to community agencies; basic income tax filing; resume and light touch job search support; referrals to employment programs	CALL to book an appointment Drop-In appointments are not guaranteed	Chatham Library – times may vary Monday to Friday 10am-4pm Wallaceburg Library – times may vary Monday, Wednesday, & Friday 10am-4pm In-person appointments available at other library branches upon request	Call 519-355-1380 8am – 4pm to book an appointment ckcn@chatham-kent.ca
Employment and Social Services	Program delivers income support (OW), homelessness, and employment services by helping eligible people with funds for shelter, food, and other necessities	435 Grand Ave West 1 st Floor Chatham	Monday - Friday 8:30am – 4:30pm	519-351-8573
Ontario Disability Support Program	Program provides income support to CK residents with a disability *If in immediate financial need, application process to be initiated through the CK OW office (above) **If not in immediate financial need, the application can be made at the ODSP office	1023 Richmond St Chatham	Monday - Friday 8:30am – 5 pm	519-352-5040 FAX – 519-352-2813
Service Canada	Social Insurance Number; Canada Pension Plan; Old Age Security; Employment Insurance	120 Wellington St Chatham 786 Dufferin Ave 2 nd Floor Wallaceburg	Monday - Friday 8:30am - 4pm servicecanada.ca	Link to request return phone call: Online Service Request 1-800-622-6232
Service Ontario	Health Cards; Photo ID Cards; online Birth Certificate applications (credit card needed to apply online); online license/health card renewal support. <div>HEALTH CARD – if your name or address has not changed – YOU can replace an UNEXPIRED lost, stolen, or damaged photo health card by calling Service Ontario at 1-800-664-8988</div>	Chatham 315 King St W CK Civic Centre Dresden 485 George St Wallaceburg	Monday - Friday 8:30am-4:30 pm (Chatham Location) Monday to Friday 8:30am to 1:30pm 2:00pm to 4:30pm (Dresden Location) Monday to Friday	519-683-4268 Same number for both Chatham and Dresden No appointment needed but recommended.

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Book an appointment online Book a ServiceOntario appointment ontario.ca	Online Services visit ServiceOntario ontario.ca	1239 Dufferin	9 am – 5 pm (Wallaceburg)	519–627-2881
		Tilbury 52 Queen St	Mon – Fri 9 am- 5 pm (Tilbury)	519-682-2642
		Blenheim 45 James St	Mon – Fri 9am – 5 pm (Blenheim)	519-676-5804
HEALTH, WELLNESS AND SUPPORTS				
SUBSTANCE USE SUPPORT PROGRAMS				
SUBSTANCE USE CRISIS LINES	Connex Ontario – Info about mental health, substance use & problem gambling services in Ontario 1-866-531-2600 Addictions and Mental Health support 24/7 CALL 811 or 1-866-797-0000 to speak to a registered nurse House of Sophrosyne 519-2522711 ext. 5 Westover Addiction Assistance - Crisis Intervention / emergency transportation Counsellors available 24 hrs/7days at 1-800-721-3232			
Alcohol Anonymous	Provide group support for those who are recovering from substance use	Various Locations Across CK	Daily meetings at various locations Call for details	AA 519-360-5246 AA Chatham-Kent - District 15: Meetings
Narcotic Anonymous				NA 1-888-811-3887 https://www.orscna.org/meetings
Changing Ways Chatham-Kent	Being the Change-Voluntary Men's Program for men 18+ who have identified as using abuse or unhealthy behaviors with their partners	ZOOM delivery 16-week program	Contact Changing Ways to register @ 519-438-9869 to schedule an intake	Ben Shore Partner Assault Response Prog. 226-781-5520
Chatham Kent Drug Awareness Council	Work with Community Partners to create awareness and strategies that help tackle substance misuse Aims to create supportive environments that promote health and safety using The Four Pillar approach Prevention, Enforcement, Treatment and Harm Reduction	Located at Family Service Kent Chatham Contact for further information	Chatham-Kent Drug Awareness Council Chatham ON Facebook	519-354-6221 ext. 241 admin@ckdac.ca
Recover Out Loud	Subcommittee of Drug Awareness Council- provides a voice to create change, reduce stigma & support recovery		Recover Out Loud Chatham-Kent Facebook	recoverycommittee30@gmail.com
House of Sophrosyne	Treats women with substance use disorders and associated mental health conditions; supports their families to achieve health, wellness & empowerment In-House 5-week treatment program for women	Virtual and In-Person treatment Residential Service; Open Support Group; Mother/Father in recovery	C-K Caring Connections Caseworker/Outreach Worker Chatham 226-627-0621	House of Sophrosyne Chatham 226-627-0621

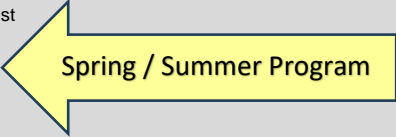
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	Offers multiple community programs for families; outpatient treatment; transitional care; continuing care; crisis counselling; education services; supportive housing	program; Phoenix Rising Relapse Prevention/Aftercare Group for Women Services available in Chatham, Sarnia, and Windsor	Supportive Housing Caseworker Chatham 519-365-0614 Justice Caseworker – Essex and some Chatham clients 226-340-4908	Sarnia 519-328-1683 Windsor 226-347-3957
Journeys Recovery Home	3-month residential recovery program for men 18 years and older, intake after detoxification	20 Joseph Street Chatham	Call for further details and programs	226-506-4984 226-626-6684
Methadone Bluewater Methadone Clinics	Low Barrier access for those seeking treatment and support	69 Grand Ave, Chatham 1430 Dufferin Ave Wallaceburg		519-351-5800 519-627-5800
Mental Health & Addiction Program - MHAP	Addiction Therapy – max. of 12 sessions	Chatham Kent Health Alliance 80 Grand Ave W Chatham		Call for information 519-352-6400 x 6740
RAAM Clinic - Chatham Rapid Access to Addiction Medicine at CKHA	Rapid Access to Addiction Medicine; brief counseling; physical health assessment; Naloxone kits	Chatham Kent Health Alliance 80 Grand Ave W Chatham	Monday, Wednesday, Friday 12 pm - 4 pm Thursday by Apt. only	519-352-6400 x 6740
RAAM Clinic-Wallaceburg	Rapid Access to Addiction Medicine	325 Margaret Ave, Wallaceburg, ON (Room 102)	Tuesdays 12:00pm-4:00pm	Clinic can be reached directly during hours of operation at 519-352-6400 extension 8311
Redpath Addictions Treatment Program	Aboriginal Holistic approach to healing and self-wellness addressing physical, emotional, psychological, and spiritual aspects Ages 18 +	Group is hosted at Family Service Kent 50 Adelaide S Chatham	Registration Required	Contact: Nicole Moreland nicolemoreland.redpath@gmail.com or call 519-436-1624
R.O.C.K. Missions	Largest distributor of harm reductions supplies/Naloxone Confidential drop off location for harm reduction supplies	Chatham 39 Richmond St Wallaceburg 233 Nelson St	Contact for days/times	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163 www.reachoutck.com

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Pozitive Pathways Mobilization Unit	Harm Reduction Mobilization & Education Needle Syringe Program – provides harm reduction education and distribution of supplies	CK Public Health 177 King St Chatham Mon – Fri. 8:30 am -4 pm	519-257-9646 or email: harmreduction@pozpathways.com	
	Delivers to Chatham every Friday from 11 am – 3 pm	Chatham-Kent Community Health Centre 808 Dufferin Ave, Wallaceburg Mon, Tues, Thurs, Fri 9 am - 4:30 Wed 9 am – 8 pm	McIntyre ID Pharmacy 49 Talbot St, Blenheim Mon – Fri 9 am- 6 pm Saturday 9 am – 3 pm	
Orders must be placed by Wednesday				
Smoker’s Helpline	Indigenous-specific service for tobacco cessation assistance	ONLINE	https://smokershelpline.ca/talktobacco/about	Smoker’s Helpline Referral Form
STOP Program Smoking Cessation counselling Chatham Kent Public Health	Counselling and free nicotine replacement therapy for those who do not have a primary care provide Two Models available in person 26 weeks or Mail-out 8-week program	In person program 435 Grand Ave, Chatham by appointment only To learn more and to see if you qualify, visit https://ckphu.com/ckstopp/rogram/	CKSmokeFree@chatham-kent.ca Call for in-person programs in other communities of CK	For questions or other information call 519-352-7270 x2488 or email
Walpole Island Community Services	Treatment of various addictions	1604 River Rd. Walpole Island		Call for more information 519-627-6163
Westover Treatment Centre	Treatment programs tailored to achieve lasting results; Residential and community- based programs; client-centred & family- focused programming	2 Victoria St S Thamesville	Services in Chatham-Kent, Sarnia- Lambton, and Windsor-Essex and open to all residents of Ontario	519-692-5110 1-800-721-3232 westovertreatmentcentre.ca
Withdrawal Management Services (WMS)	10 bed inpatient program 3–7-day stays	Chatham Kent Health Alliance 80 Grand Ave W Chatham		519-352-6400 x 6740

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

CHILD AND YOUTH SUPPORT PROGAMS				
Child & Youth Crisis Lines	Child and Youth (Age 6-18yr) 24/7 Crisis Support for mental health, behavioral or emotional crisis Humana crisis line 519-354-4095			
	Kids Crisis Help Line 24 hours a day 7 days a week 1-800-668-6868			
	Good 2 Talk (Ontario Students in College/University) 1-866-925-5454			
	Be Safe App – Be Safe App – besafeapp.ca virtual tool used to connect users with the mental health resources that best suits their needs			
	Youth Wellness Hub Crisis Support 1-866-299-7447			
Chatham Kent Community Heath Centre & CK Fire & Rescue	FRESH! For Youth Ages 9 – 12 yr. Free Cooking Class at your local Fire Station	Chatham – April 24 th Blenheim – June 19 th	Wallaceburg – May 21 st Tilbury – July 3 rd Erieau – July 17 th	For more information and Registration Call 519-397-5455 x 212 Limited Spaces Available
Chatham Kent EarlyON Child & Family Centres	EarlyON centres are spaces to learn, play and grow together, for children 0-6 years and their caregivers. They support the healthy development of young children, within safe and welcoming environments. They support community connections and culturally responsive programming with our Francophone and Indigenous partners.	Various locations including: Blenheim, Bothwell, Chatham, Dresden, Highgate, Pain Court, Ridgetown, Thamesville, Tilbury, Wallaceburg, Wheatley	 Spring / Summer Program	
Call or check website for monthly program information			Check website for details: Chatham-Kent EarlyON Centres Or call: 1-866-720-7975	
Chatham Kent Community & Family- Safe Families	Parenting Support, Community, Mentoring, Hosting, Resources, and community referrals	Safefamilies.ca	Call: 519-809-3031 chatham@safefamilies.ca	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham-Kent Public Health Healthy Babies Healthy Children	If you are pregnant or if your family has young children (0-5 years old), Healthy Babies Healthy Children is a program that can help your family learn about: <ul style="list-style-type: none">• Having a healthy pregnancy and birth• Connecting with your baby• How you can help your child grow and develop• Breastfeeding, food, and healthy nutrition• Taking care of yourself and your family• Services available for you and your child in your community• Private parenting classes 1 on 1 with a Public Health Nurse in your home (free) using Nobody’s Perfect and First 5 years content. Certificate of completion provided		Free, voluntary, home visiting program	Call to speak to a Public Health Nurse Monday to Friday 8:30 to 4:30p.m. to ask any questions or to sign-up for the HBHC program call 519-352-7270 ext. 2903
Chatham-Kent Public Health Free Breastfeeding Classes and Support from Lactation Consultants	If you are pregnant and would like to learn about breastfeeding and/or prenatal hand expression C-K Public Health offers in person classes 4 times per year. (transportation assistance provided if required) Our lactation consultants work with women in Chatham-Kent to support your breastfeeding goals.		Free breastfeeding in-person appointments with Lactation Consultants (home visits available)	To sign-up for a breastfeeding class or to book an appointment with a Lactation Consultant call 519-352-7270 ext. 2903
Chatham-Kent Public Health One Day at A Time	A 16-week support group for women with prenatal or postpartum anxiety or depression with children under 1 year of age		Free 16-week support group for prenatal or postpartum anxiety or depression	To sign-up, call: 519-352-7270 ext. 2903
Chatham-Kent Public Health Building Healthy Babies	Reduce the risks of an unhealthy birth weight Get support with breast feeding Increase health for mom & baby	Zoom session or drop-in sessions available at Chatham locations	Contact Chatham-Kent Public Health Unit	519-352-7270 ext. 2494 Facebook BHB in CK
Chatham-Kent Youth Wellness Hub (YWHO)	Ages 12 – 25 yrs. Mental health and substance use services integrated with a range of other youth services. The following services are offered at the Chatham-Kent hub: <ul style="list-style-type: none">• Care Navigation ; Family Navigation• Youth Addictions Support• Early Intervention Services• Youth Psychotherapy• Psychiatry• Primary Health Care• Drop-in	140 King Street West Chatham	Monday, Thursday, Friday 8:30am to 5pm Tuesday, Wednesday 8:30am to 7pm	Phone: 519-437-6329 Email: ck@youthhubs.ca 519-437-6329 Chatham-Kent - Youth Wellness Hubs Ontario (youthhubs.ca)

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham-Kent Youth Wellness Hub (YWHO) Continued....	<ul style="list-style-type: none">• Single Session Counselling• Skills and Well-being Groups• Connections to our community partners and additional supports, groups, and programming, available as needed <p>Learn more about the Chatham-Kent hub through their social media channels: Instagram: @ckyouthhub Facebook: @ckyouthhub Twitter: @ckyouthhub</p> <p>Call for updated Monthly programs</p>			
Children’s Treatment Centre of Chatham Kent	Speech/language pathology. occupational & physiotherapy services for child and youth. audiology services for all ages CK Fetal Alcohol Spectrum Disorder Supports, Co-ordinated service planning supports, ON Autism Program, Adapted Rec programs	355 Lark St Chatham	Monday & Thursday 8 am-5 pm Tuesday & Wednesday 8am-6 pm Friday 8am – 4pm	519-354-0520
Children’s Treatment Centre SmartStart Hub	Service for parents/caregivers who have concerns around their child/youth development Ages - birth to 19yr (or 21 for youth in school)	355 Lark St Chatham	Monday & Thursday 8 am-5 pm Tuesday & Wednesday 8am-6 pm Friday 8am – 4pm	519-354-0520
Community Living Chatham-Kent Children’s Respite Service	Provides out-of-home respite for children and youth who have diverse abilities and live at home with their family. Service is provided in a home-like setting. Focus on recreation and leisure-based activities. This is a fee-for-service program.			www.clc-k.ca Contact 519-351-2156 for more information or application for service
CK Youth Social	<p>A thriving youth group offered in a safe, welcoming space</p> <p>A drop-in space that supports youth with social skills, recreation, and learning life skills.</p>	<p>495 Grand Ave. West Chatham</p> <p>920 Elgin St Wallaceburg High School Wallaceburg</p>	<p>Drop-in Tuesday & Thursday 2:45 – 6:00pm at the Linck cafeteria</p> <p>Monday & Wednesday at Wallaceburg District Secondary School</p>	<p>yfec@linck.org</p> <p>Click link below for accurate hours Youth Engagement & Supports - Linck</p>

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Humana Community Services	Community Counselling Chatham-Kent Program for Children, Youth and Families Offers flexible, trauma-informed and individualized supports and services for children and youth Ages 6 – 18 who are experiencing emotional and/or behavioural difficulties or complex challenges including: Goal-focused short-term counselling; Brief 1:1 parent support; Advocacy support; Referrals to community service; and Services tailored to the individual's/family's needs	103-405 Riverview Dr Chatham	Mon– Fri 8 am – 4 pm Call for more information or to book an appointment	Cindy Crow: 519-401-2945 About — Humana Community Services (humanacs.org) Child & Youth Mental Health 24/7 crisis line 519-354-4095
Linck - Child Youth and Family Supports	Provides mental health, developmental and child welfare services to children aged 0-18 and their families across Chatham Kent	495 Grand Ave, Chatham	Monday – Friday 8:30 – 4:30 PM Appointment Only after 4:30 pm	519 352-0440 www.linck.org
Restorative Justice Chatham-Kent	Provides pathway support for youth in Chatham-Kent including: <ul style="list-style-type: none">• Intervention & Education Program – referrals accepted by anyone referred with family/youth permission (7-17 yr.)• Youth Justice Diversion Programs• Extrajudicial Measures Program (Pre-Charge Diversion, police referred)• Extrajudicial Sanctions Program (Post-Charge Diversion, Crown Attorney referred)• Restorative Justice Community Conferencing (Community referrals) Ages 12 – 17 yr.	25 Creek Rd. Chatham	Monday - Friday 8:30 am-4:30 pm	519-380-0931 www.rjck.org Email: info@rjck.org
Ska:na Family Learning Center	Indigenous-Led Family Programs EarlyON; Family Time stay & play; special activities	25 th Eighth Street Chatham	Monday – Friday 9am – 5 pm Childcare hrs 7am – 5:30 pm	Office Hrs Call for various program times and dates 519-351-8785 Ska:na FLC on Facebook.
UnBound Book Club	For those who may feel bound by a lack of accessibility; for young adults 18+ living with disabilities & their allies	Turns & Tales Bookstore 213 King St Chatham	7 pm – 9 pm October 23, November 20, & Dec 18, 2024	For more information call or text Erin at 226-626-6585 or email erin.genge@gmail.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

VON Kids Circle Program	Support group for children ages 4 – 18 years who are faced with bereavement or coping with a loved one’s illness	Kids’ Circle Program Co-ordinator 425 McNaughton Ave West Chatham Chatham Kent VON	Call for times available	519-354-0430 ext. 291
VON Banana Split Program	8-week program for children Ages 5 – 9 yrs. whose parents are recently separated or divorced	425 McNaughton Ave W Chatham	Monday 4:30 – 6 pm	519-354-0430 ext. 291 Erin.crow@von.ca
Youth Centre – Blenheim Youth Centre	Provide youth 10-18 with after school & summer programming Develop and strengthen their social and emotional skills	78 Marlborough St S, Blenheim, ON	Visit https://blenheimyouthcentre.ca/ for regular updates and program hours	519-676-0207 info@blenheimyouthcentre.ca
Youth Centre – Tilbury Solid Rock Café Youth Centre	Provide youth 10-18 with a safe and enjoyable environment and programming, in which they can grow into positive, productive, and motivated adults	26 Queen St N Tilbury, ON	Drop-in Tues / Thurs 5:30 – 9p.m. Follow them on FaceBook for regular updates and program hours	(519) 354-0430 x2 (519) 682-0625 info@tilburysolidrockcafe.ca
DENTAL CARE HEALTH & SUPPORT PROGRAMS				
Canadian Dental Care Plan	Plan designed to help ease the financial barriers to accessing oral health care for eligible Canadian residents. Applications will open in phases: Find out when you can apply at Canadian Dental Care Plan - Apply - Canada.ca Find out if you qualify at: Canadian Dental Care Plan - Do you qualify - Canada.ca	If you need help applying Call 1-833-537-4342 Mon. – Fri 8:30am-4:30pm OR, Call a Community Navigator 519-355-1380 to book an appointment to help you apply	Effective May 29 th available to all ages who meet the eligibility criteria	Application is only available to apply if you are in the eligibility stage of the implementation process (online applications only) Canadian Dental Care Plan - Apply - Canada.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Dental Clinics /programs Chatham Kent Public Health	Healthy Smiles –Youth 17 years and under Healthy Smiles Ontario CK Public Health (ckphu.com) Ontario Senior Dental Care Program 65 years+ Call to determine eligibility Oral Health for Seniors CK Public Health (ckphu.com)	519 King St West Chatham	Monday-Friday 8:30am-4:30pm	519-355-1071 ext. 5700 OR Call Community Navigator at 519-355-1380 for information and application assistance
DROP IN & WELLNESS AND SUPPORT PROGRAMS				
SEVERE WEATHER WARNINGS	SUMMER COOLING CENTRES WINTER or SEVERE WEATHER CENTRES Watch social media posts when extreme weather warnings are issued	Chatham Hope Haven 183 Wellington St. Chatham every day from 10 am - 2 pm. ROCK Missions 233 Nelson St. Wallaceburg Monday to Friday from 1:00 pm to 5:00 pm. Municipality of Chatham-Kent offices Blenheim, Chatham, Ridgetown, Tilbury, and Wallaceburg open Monday to Friday from 8:30 am – 4:30 pm. Call 311 or visit https://www.chatham-kent.ca/services/Pages/Contact-Us.aspx Employment and Social Services 1 st floor of the Health and Human Services Building at 435 Grand Ave. West, Chatham Monday to Friday from 8:30am – 4:30 pm. Chatham-Kent Public Libraries (all locations) will be available during their regular hours. Their locations and hours can be found at https://www.chatham-kent.ca/library/usingthelibrary/branches/Pages/Branch-Information.aspx		
Dudes Club Chatham-Kent Men’s Wellness Program	Dudes Club supports Indigenous and non-indigenous men in C-K through a holistic wellness program including weekly gatherings, talking circles, job readiness initiatives, and reintegration support	67 Adelaide St Chatham	Call or email for specific program times and hours	Donald Turner, Director donald@dudesclub.ca 519-397-1901
Hope Haven	Drop in, shower, lunch, laundry, clothing, computer & phone use, social/fellowship/peer support	183 Wellington St. W, Chatham	Monday – Sunday 10 am - 2 pm	519-351-4010
R.O.C.K. Missions Wallaceburg Drop-In Centre	A place for fellowship and socialization, meals, coffee/tea, and conversation with peers Peer 2 Peer Program	233 Nelson Street Wallaceburg	Monday, Tuesday Thursday & Friday 1pm – 5pm CLOSED Wednesday to provide community outreach	ck@reachoutck.com 226-626-8996 www.reachoutck.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

R.O.C.K. Missions Chatham Drop In	Homeless Outreach & harm reduction supplies Drop-in Centre Wednesday ONLY Pathways 2 Care Clinic ; Street Health Team from Windsor will be available	39 Richmond Street, Chatham	Wednesday 1 - 4pm	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163 www.reachoutck.com
LGBTQ2SIA+COMMUNITY WELLNESS AND SUPPORT PROGRAMS				
2SLGBTQUA+COMMUNITY CRISIS LINES	Lesbian Gay Bi Trans Youth Line Sunday – Friday 4 pm -9:30pm 1-800-268-9688 or text 647-694-4275 or email: outreach@youthline.ca Trans Lifeline 1-877-330-6360 Trans Lifeline – Peer support services, hotline and resources for Transgender People			
Bill’s Place	Community Hub and office space for CK Pride. A safe space for & run by the 2SLGBTQIA+ community.	48 Centre Street, Chatham Events for June 2025 - CK Pride	Visit the website for information and calendar of events	info@ckpride.com
Chatham Kent Gay Pride Association	Create an inclusive community in CK where everyone is empowered to engaged in a culture that is safe and accessible irrespective of their sex, gender, or sexual identity	Visit their website for further information	CK Pride	
Chatham Kent Community Health Centre Gender Diversity Clinics	Offered to Adults, Youth, and Children Follow link for further details Gender Diversity Clinics - Chatham-Kent Community Health Centres (ckchc.ca)	Adult Gender Diversity Clinic 519-397-5455 ext. 1 Youth Gender Diversity Clinic 519-397-5455 ext. 164		
Trans Wellness Ontario	Goal to enhance and sustain the health and wellness of 2SLGBTQIA+ communities and their families	Visit their website for further information	Trans Wellness Ontario	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

MEDICAL HEALTH CLINICS, SUPPORTS & PROGRAMS				
BRIDGE CARE Chatham-Kent Family Health Team	Available ONLY for those who do not have a Primary Care Provider – Family doctor or Nurse Practitioner Walk in Service – first come, first serve basis Weekend Clinic staffed by family physicians	20 Emma Street 2 nd Fl Chatham	Saturday & Sunday ONLY 9am – 4pm	Walk IN only Bridge Care – Chatham-Kent Ontario Health Team (ckoht.ca)
Chatham-Kent Family Health Team	Groups sessions available including Cognitive Behavior Therapy; Healthy You; Living Well with Chronic Conditions; Master Your Health	20 Emma Street Chatham Programs / Services (ckfht.ca)		Call 519-354-2172 ext. 3 for more information www.ckfht.ca
Chatham-Kent Hospice	Offers end of life care for families in Chatham Kent	34 Wellington St. Chatham		Call the hospice Navigator at 519-354-3113 ext. 2101 www.chathamkenthospice.com
Chatham Kent Community Health Centres	Serve persons of all ages who are economically and/or socially disadvantaged ; Persons facing barriers such as race, language, culture, and sexual orientation; Persons who are homeless/under-housed or at risk for homelessness. Check out the programs held in various locations across CK Programs & Services - Chatham-Kent Community Health Centres	150 Richmond St https://ckchc.ca/events/category/chatham-events/	Mon & Fri 9am-4pm; Tues, Wed, Thurs.9am-8pm	https://ckchc.ca/ Call for appointment & services 519-397-5455 Chatham: Press 1
		808 Dufferin Ave Wallaceburg https://ckchc.ca/events/category/wallaceburg-events/	Monday – Friday 9am-4:30pm	Wallaceburg: Press 2
		785 Tecumseh Rd. Walpole Island https://ckchc.ca/events/category/walpole-island-events/	Monday 9am-8pm Tues – Fri 9am-4:30pm	Walpole Island: Press 3


CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham Kent Community Health Centres First Five	Program provides preventative and health promotion services to children aged 0-5 who do not have a primary care doctor or nurse practitioner			https://ckchc.ca/programs-services/first-five/	Parents/caregivers can self-refer to the program by calling 519-397-5455 or completing the online form on our website
Connect My Health	Free digital tool that shows you all your health records from participating Southwestern ON hospitals	Visit the website to register			ConnectMyHealth Patient Portal: Access Your Health Records from Participating Southwest Ontario Hospitals
From Here to There Nurse Concierge -Chatham & Ridgetown locations	Medical walk-in clinic Call to book an appointment or book online; costs involved to book an appointment	100 King Street W Chatham 22 Main St Ridgetown inside Pharmasave	Monday-Friday 9:00 am - 5:00 pm Monday - Friday 9:30 am-4:00 pm	226-799-2603 1-855-884-6638 toll free https://fhnt.ca/3ca66-doctors-our-clinic/	226-798-4415 or book online at https://fhnt.as.me/ridgetown
Health Care Connect Program	If you do not have a family doctor, call to get registered with Health Care Connect. They will then help you to get the medical healthcare you need	Call to Register			Marianne McFadden 519-436-7293 ext. 7293
125 Keil Drive Medical Clinic	Healthcare Consults and Treatment Visit the link to book appointment: hg3.ca/Cha/Public/Appointments/Default.aspx	125 Keil Drive Chatham	Monday – Friday 9am – 6pm Saturday 9am – 3 pm Sunday 11am – 3pm	E: 125 keildriveclinic@gmail.com P: 519-397-0730	
Medical Drug Program Greenshield Cares Essential Medicines Program	Eligibility: Resides in Ontario; Employed; Ages 25 – 64; No access to private or public drug coverage; meet low-income eligibility Covers up to \$1000 per 12 months	Essential Medicines Program GreenShield Cares Visit to determine Eligibility:			Call 1 888 348 5188 essentialmedicines@greenshield.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

MD Connected Walk IN Clinic Virtual & Medical Appointments		180 McNaughton Ave, Unit 2 Chatham Superstore 791 St. Clair St Chatham	Mon – Fri 10am-2pm at both locations	1-877-406-9362 toll free
MOBILE CARE CLINIC ON WHEELS Community Health Outreach	All Walk-in Service NO FEES	Click link for locations: https://ck.mobilecareclinic.ca/#locations		1-866-299-7447 Answered 24/7
	Mental Health & Addictions Withdrawal Services Walk-in service Community Referrals Primary Care	Hours vary per locations. Check link to determine locations and specific times of service		MobileCare Chatham-Kent – Clinic on Wheels (mobilecareclinic.ca)
Sexual Health Clinic Chatham-Kent Public Health	Birth control; emergency contraception pill; free pregnancy testing and counseling; testing and treatment of sexually transmitted infections; free condoms; HIV testing	177 King St East Chatham	Mon – Fri. 8:30 am- 4 pm Closed 12 – 1 pm	519-355-1071 ext. 5901 Call for assistance in other communities in Chatham-Kent
		808 Dufferin Ave Wallaceburg	Every Tuesday 2:00am – 4:00pm Walk – in	
Southwest Ontario Aboriginal Health Access Centre SOAHAC	Primary care for anyone with a Band #; includes mental health & addictions care; traditional healing; Tele-mental health care for children and youth	Newbury ON Outreach services to Delaware Nation at Moraviantown	Mon – Fri. 8:30 am – 4:30 pm Call or register online at Newbury SOAHAC Locations	519-916-1755
Thamesview Family Health Team Care Programs	Heart Buddies pre/post heart event/surgery supports			
	Healthy You Lifestyle Grp –Achieve better health through food choices and increased activity		Call for program details and to register	
	Master Your Mood – Cognitive Behavior Therapy Hold Me Tight – Relationship/Couple conversations for connections		https://thamesviewfht.ca/staging/programs/	
	After Support Group – for those affected by death by suicide		519-354-0070 www.thamesviewfht.ca	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Tilbury Walk in Clinic	Medical walk-in clinic – no appointment necessary	15 Mill St Tilbury	Mon, Wed, Thurs, Fri 9am-4pm Tues 9am-noon	519-682-3699
Telehealth Ontario	Call for free confidential medical advice Supports 110 languages	Phone call only	24 hours /day 7 days/week	1-866-797-0000 TTY: 1-866-797-0007
Windsor/Essex Community Health Centre	Chronic Disease / Self Management Program	Programs available virtually to anyone across Ontario Visit website for more info	Contact directly for more information	1-855-259-3605 https://wechc.org/
MENTAL HEALTH & WELLNESS SUPPORTS & PROGRAMS				
MENTAL HEALTH CRISIS LINES	Canadian Mental Health Association 1 st Response Crisis Line 24 / 7 1-866-299-7447 (Chatham-Kent) 1-800-307-4319 (Sarnia-Lambton)Connex Ontario - Information about mental health, addictions & problem gambling services in Ontario			
	1-866-531-2600Mental Health and Addictions Support available 24/7 CALL 811 or 1-866-797-0000 to speak to a registered nurse			
	Suicide Crisis Helpline Call or Text 988 24/7 across Canada Be Safe App – besafeapp.ca - free phone app designed to provide simple screening for suicide potential; provides appropriate resources to access; printable resources			
				
Canadian Red Cross	Friendly Calls – Age 18 years + To provide emotional support, encourage healthy coping strategies & suggest well being resources and community connections	Central Intake phone line 1-833-979-9776	Call 9am -5pm weekdays	Friendly Calls Program - Canadian Red Cross
Mental Health Network (Hope House) of Chatham Kent	Offers hope through education, support, social rehabilitation, networking, and advocacy to all whose lives are affected by mental challenges Multiple weekly programs click on: Calendar Mental Health Network of Chatham-Kent (mhnck.com) Peer Support by appointment	519-351-3100 71 Raleigh St. Chatham	Monday - Friday 8:30 am – 3:30 pm – office hours Mon – Friday 10 am – 2 pm Client drop-in hours	Mental Health Network of Chatham-Kent (mhnck.com) 519-351-3100 jenny@mhnck.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Ontario Structured Psychotherapy Program	Free Ontario-wide program offering step by step process to reduce symptoms of depression or anxiety. Adults 18+, self-referrals, multiple languages, virtual available	www.OSPWEST.ca	1-833-944-9966
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SENIOR'S SERVICES AND PROGRAMS

Canadian Red Cross Let's Go Home with Homeward Bound Program Ages 55+	A free temporary program for clients 55+ returning home from hospital admission or ER trip. If eligible services can include light housekeeping/laundry, meal prep; frozen meal packages; transportation home from hospital; ride to follow up medical appointments; shopping companionship/caregiver relief and referrals to other community services; Service lasts for up to 6 weeks during the initial recovery period and to help them get back on their feet	Eligibility – planned or recent discharge from hospital or emergency; at risk for re-admission; needs assistance beyond what family can provide; or limited family/supports or lives alone	Referrals accepted from community agencies, medical professional, family, friends, or self referral www.redcross.ca Call: 519-352-2510 Email: chatham@redcross.ca
FreeHelpCK	Free Meals for Seniors (referrals take from Red Cross) or self referral Senior Grocery Deliveries Delivery of seasonal dinners. Adopt a Senior Program – Turkey Dinner/ gift/ visits; daily calls as reminder to take medications or just a friendly visit	Weekly meal delivery – Monday and Thursday Weekly grocery delivery - Tuesday For dates and times of programs , call to register or refer a senior in need	Call FreeHelpCK to register: 519-784-7857 (24/7) 226-494-0159 (office) 519-990-5178 (Geri)
Ontario Caregiver Organization	Provides physical or emotional support to family members, partners, friends or neighbours who find themselves in a caregiver role	Helpline 1-888-877-1626	www.ontariocaregiver.ca info@ontariocaregiver.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Senior’s Chat Line Ages 55 +	Free & confidential phone line for 55+ who want to chat; sponsored by the Ministry of Health	Virtual only	8 am – 10 pm daily	1-855-892-9992 www.friendlyvoice.ca
SMART (Senior’s Exercise and Fall Prevention VON program	Delivered in rest and retirement homes and community locations	Chatham Kent VON	call for times and locations	519-352-5515 1-855-419-5200 ext.6239
St. Andrew’s Residence Senior’s Day Out Program	Offers an adult day program that includes a range of social, physical, and recreational activities, foot care, transportation, and a hot meal. *Minimal fee*	99 Park St. Chatham 547 North St. Dresden	Chatham Thurs. 9:30 am to 3:00 pm Dresden Wed. 10:00 am to 2:00 pm	Brittany Whittington 519-354-8103 ext.248 bwhittington@standrewsresidence.com
South Essex Community Council	Senior Services & Programs: <ul style="list-style-type: none">• Lend a Hand – light housekeeping; yard work offered to low -income seniors• Adult Day Program – designed for seniors• Community Support Services for seniors and persons with disabilities to remain in their homes• Security Check & Friendly Visitation – telephone calls or in home visits• Transit – affordable door to door transportation	Serving the Wheatley Area	Monday – Friday 8:30 am – 4:30 pm Saturday 8:30 am – 12:30 pm	www.secc.on.ca info@secc.on.ca 519-326-8629
Telephone Assurance VON	Volunteers provide security checks via a 5-minute call to seniors in need	Chatham Kent VON	Call Lauren Haggerty Lauren.haggerty@von.ca	226-627-0348 519-352-5515

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Volunteer Visiting VON	Volunteers visit lonely, isolated seniors for a regular, scheduled visit once per week for 1 – 2 hours. May also take client out for coffee, walks, to doctor’s appointments	Chatham Kent VON	Call Lauren Haggerty Lauren.haggerty@von.ca	226-627-0348 519-352-5515
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TRANSPORTATION SERVICES

Public Transportation

Ride CK Urban Public Transit	Urban public transit services available within the communities of Chatham and Wallaceburg	Chatham Mon – Saturday 6:15 am – 7:15 pm Five city routes available (see link) ON Request Service Mon – Friday 7:15 pm – 12:45 am (see link) Wallaceburg On Request Service (only) Monday – Saturday 7am-7:15 pm Sunday 9am – 5 pm	Urban Service Information OnRequest Transit OnRequest Transit
Ride CK Inter-Urban Public Transit	Inter-Urban public transit that connects our Chatham-Kent communities	Inter-Urban Routes	See link for hours/days of service; route maps; Ride CK service guide; & Inter-Urban Routes stop locations
Ride CK Seasonal Transit	Beach Bus service from Chatham to Mitchell’s Bay & Erieau	Seasonal Routes	See link for months and times this service is offered
Ride CK – Specialized Transit	Residents with a disability living in Chatham or Wallaceburg who are unable to be accommodated on the above conventional services may qualify for curb-to-curb specialized public transit	Chatham & Wallaceburg Transit Accessibility	See link for details
Four Counties Transit	Chatham-Kent residents living in Ward 3 , can access Four Counties Transit.	Thamesville, Bothwell, Ridgetown, Highgate and Morpeth areas	519-693-8604 visit the Four Counties Transit website for more information

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Taxis and Ride Programs	Courtesy Cab – Chatham			Courtesy -519-352-2300
	CK Taxi Joe			CK Taxi Joe 519-784-8844 or 226-637-6446
	Blu Light Taxi Ltd – Chatham			Blu Light Taxi-548-996-2040
	Tam’s Taxi – Wallaceburg			Tam’s Taxi-519-627-2221
	URide	Ride share program accessed online through an App		URide
Community Service Transportation				
NeighbourLink Chatham Kent	Providing free transportation for those in need without vehicles or convenient access to public transit Volunteers will provide rides to medical appointments, the grocery store or the bank	NeighbourLink CK Non-profit Chatham, Ontario		519-352-5647
Family Service Kent adVANTage Transportation	Accessible, fee-for-service, transportation. Prioritizes rural and low-income ages 0 to 60 without access to public or private transport. For those under the age of 18, a family member or caregiver over age 18 must accompany the child/youth at no charge to the adult free of charge.	50 Adelaide St S, Chatham, ON	adVANTage Transportation – Family Service Kent	https://familyservicekent.com/ 519 -354-6221
Helping Hands Community Service	Provides rides for medical appointments, shopping & errands. Transportation is available within Chatham-Kent and the Windsor, London & Sarnia areas	433 Merritt Ave Chatham		<u>1-519-355-1654</u>

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Senior Specific Transportation				
Canadian Red Cross Let's Go Home with Homeward Bound Program	Free temporary program for clients 55+ returning home from hospital admission or ER trip; transportation home from hospital; ride to follow up medical appointments Eligibility – planned or recent discharge from hospital or emergency; at risk for re-admission			Email: chatham@redcross.ca Call: 519-352-2510
South Essex Community Council	Affordable door to door transportation for seniors who need to travel to socialize, volunteer, errands, shopping, etc.	Available to those living in the Wheatly area	Rates and routes available by calling or visiting the website provided Transportation Services - South Essex Community Council	infor@secc.on.ca 519-326-8629
Voyago Health Transportation	Fee for service non-emergency patient transfer service	80 Barthe St, Chatham	Voyago - Voyago Health	(519) 455-1390
Medical Transportation	*Also see NeighbourLink; Helping Hands; Canadian Red Cross, South Essex, and Voyago (above)			
Family Service Kent CareLink Transportation	(formerly CHAPS) Accessible, fee-for-service, door-to-door non-urgent medical transportation service.	50 Adelaide St S, Chatham, ON	Door to Door Transportation – Family Service Kent	https://familyservicekent.com/ 519 -354-6221
Wheels of Hope – cancer treatment volunteer driving program	Provides people living with cancer rides to and from their treatment appointments. Referrals from medical providers required with client's consent	Available across Chatham-Kent		1-888-939-3333 For more information
VISUAL & HEARING SUPPORT SERVICES				
Canadian National Institute for the Blind	Connect individuals of all ages to programs & services that cater to individualized needs embracing accessible practices, diverse perspectives and equitable opportunities	About Us CNIB		1-800-563-2642
Bell Accessibility Centre	Products and services for those living with hearing and vision limitations	Accessibility services centre Bell Canada		accessible@bell.ca 1-866-310-2355 TTY: 1-800-268-9242

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Canadian Guide Dogs for the Blind	Publicly funded non-profit who support the training and finding of guide dogs for those in need	Canadian Guide Dogs for the Blind	info@guidedogs.ca 1-613-692-7777
Canadian Hearing Service – Windsor Branch	Offers general support to those in Chatham Kent. Guidance, advocacy, and counselling to deaf and hard of hearing individuals who need assistance managing everyday life events, completing government forms, navigating systems, and coping with hearing loss.	Windsor Canadian Hearing Services	1-866-518-0000 TTY: 1-877-215-9530 info@chs.ca
SRV Canada	Video Relay Service (VRS) No-cost, subscriber-based service for those living with hearing loss who use ASL and have a device set up for video communication	https://srvcanadavrs.ca/en/	
Canadian Hearing Service – Interpreting Services	Visit Link for prescheduling interpreting, 24/7 emergency interpreting, or Quick Access – online virtual interpreting service	Schedule a Sign Language Interpreter Now Canadian Hearing Services	Call: 1-866-518-0000 for more information on these services Preschedule interpreting E: interpreting@chs.ca Or access contact form at link Emergency interpreting 24/7 E: urgent@chs.ca Or text 416-712-6637
Ontario Association for the Deaf	For information call #'s or access links	www.deafontario.ca	E: office@deafontario.ca 1-416-413-9191 TTY: 416-513-1893
Deaf-Blind Ontario Services	For information call #'s or access links	www.deafblindontario.com	E: info@deafblindontario.com 1-905-853-2862 1-855-340-3267

ADDITIONAL COMMUNITY SUPPORT SERVICES & PROGRAMS

Additional Crisis Help Lines	Chatham – Kent Homeless Response Line 519-354-6628 available 24 hours a day 7 days a week		
	Chatham Kent Health Alliance Crisis Service Chatham – 519-352-6400 EXT. 6050 Wallaceburg – 519-352-6400 EXT. 8151		
	Chatham Kent Sexual Assault Crisis 519-354-8688		
	Chatham Kent Victim Services 519-436-6630		
	Chatham Kent Women’s Centre 519-351-9144	Community Outreach Crisis Line 24/7 519-354-6360 or 1-800-265-0598	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Alzheimer Society of Chatham Kent	Counselling Support groups Cognitive Assessments Day Program Education Programs / First Link In home Mobility Monitor In Home Respite Care Lending Library/Referrals	36 Memory Lane Chatham	FOR DAY PROGRAM: Chatham 9:30 a.m. to 3 p.m. Monday – Saturday	519-352-1043 info@justasck.ca Alzheimer Society of Chatham Kent
Call: To certify your local business as a Dementia Friendly Community Supporter		212 Elizabeth St Wallaceburg	Wallaceburg 9:30 a.m. to 3 p.m. Tuesday – Friday	519-628-4229 Call or check website for monthly program information
Alzheimer Society of Chatham Kent	Care Partner Support Group	In Person Grace Christian Reform 255 Tweedsmuir Ave	First Wednesday of the Month 1 pm – 2:30 pm	Call 519-352-1043 to register info@justasck.ca
Connect CK Bookable Workspace	Can be used free of charge Reserved for virtual and in-person meetings; 2-hour limit with flexibility for exceptional circumstances	435 Grand Ave. W. Chatham	Monday to Friday between 8:30am – 4:00pm for a maximum of 2 hours per day. Additional time available upon request	Contact a Community Navigator 519-355-1380 or CKCN@chatham-kent.ca
Chatham-Kent Public Library	Quiet Pods available in Chatham and Wallaceburg can be booked for 2-hours free of charge for virtual meetings, personal appointments, study purposes. Technology equipment may be available at request. Call Chatham 519-354-2940 or Wallaceburg 519-627-5292 to book at that branch.	Chatham, Wallaceburg Blenheim, Dresden, Ridgetown Tilbury, Thamesville, Merlin, Wheatley, Bothwell, & Highgate	Follow this link for locations, hours, and phone contact for each branch CKPL website	For programs at your local branch Click: CKPL website Quiet Pods (chatham-kent.ca)
Community Living Chatham-Kent	Planning: Assists people who have diverse abilities and their families to coordinate services and develop short and long-term plans to meet their needs and goals. Community Supports: Provides support for people living on their own or with their family. Services are based on individual needs and are designed to enhance independence and quality of life. People Make a Community: An activity-based program that operates in Ridgetown, Blenheim, and Tilbury, to build each community's capacity to support people within their own community. Making It Happen: Provides outcome-based supports to young adults. People accessing services are between the ages of 18-28. Individualized supports are developed based on intensive goal setting and planning. Connections to natural support networks are established.			www.clc-k.ca 519-352-1174

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Community Living Chatham-Kent (continued)

Supported Accommodation: Provides 24-hour support to assist people to live successfully in their own home. Supports for daily living are designed to enhance independence and make connections to community resources. Assists people to develop social capital with supports based on their needs and preferences.

Host Family: Provides accommodation within a family structure, where there are natural supports. The care, welfare, safety, and security of the person are ensured.

Library Café: A café at the main branch of the Chatham-Kent Public Library.

Outward Bound: Provides recreation, leisure, and volunteer opportunities and support based on personal choice with a focus on connecting people to their communities.

School-to-Work Transitions: Includes pre-employment coaching, cooperative education placements, and summer job placements for secondary school students.

Adult Out-of-Home Respite Service: Provides out-of-home respite for adults who have diverse abilities and live at home with their family. Services are provided in a home-like setting. This is a fee-for-service program.

Passport Services: Community participation activities, out of home Respite, personal or employment supports may be purchased and provides a worry-free experience and peace of mind. Administration and brokerage services are often chosen so families do not need to complete mandatory invoicing and reporting procedures to PassportONE.

Volunteer Services: Provides connections and resources to people and the agency by recruiting and nurturing volunteers. Our focus is to create opportunities which encourage a culture of volunteerism. Volunteers bring many resources and experiences, enriching the lives of people who have diverse abilities

Family Service Kent

Advocacy and Protective Service: Telephone and/or virtual services where able. Appointments are required for in person services. Trustee services will not be interrupted.

KIDS Team: Telephone and/or virtual services where able. Appointments are required for in person services.

Supervised Access: Provides a safe & neutral environment where non-custodial caregivers can enjoy time with a child. Safe exchanges from one caregiver to another. Call 519.355.1127 to discuss your needs or to make a referral.

50 Adelaide St S,
Chatham, ON

Tuesday & Friday 9am – 5pm

Monday, Wednesday & Thursday
9am – 9pm

Appointment ONLY
No Walk-In service

<https://familyservicekent.com/>

519 -354-6221
Call this number for all services

info@familyservicekent.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Family Service Kent
(continued)

Counselling Services: Accepting new referrals by telephone only. New and existing clients can receive services via telephone, virtually, or in person.

Financial Trusteeship for Seniors – support for older adults ensuring their financial safety and protections against elder fraud/ abuse. Support to protect your finances. CALL for more information
Community Support Service (CSS) for older adults (60+ years of age) and adults (18+ years of age) with disabilities (temporary or permanent)

CareLink Transportation: Accessible, fee-for-service, door-to-door non-urgent medical transportation service for seniors and adults with disabilities link to [Door to Door Transportation – Family Service Kent](#)

adVANTage: Accessible, fee-for-service, transportation. Prioritizes rural and low-income ages 0 to 65 without access to public or private transport. [adVANTage Transportation – Family Service Kent](#)

Feelings & Family Group: Ages 7 – 12 yr focusing on emotional regulation through small groups. Includes self-regulation, coping strategies, mindfulness, and problem solving. Parents/caregivers will receive individualized sessions to help develop strategies for their children. Two – Simultaneous Groups Ages 7-9 yrs – Starts April 16 and Ages 10-12 yrs Starts April 17

Frozen Meals: Regular & special diets (lactose free, gluten free, minced, and pureed meals). Cost ranges between \$3.50 - \$8.00 per meal

Home Help: In-home supports broker service that matches clients to skilled, self-employed Home Helpers. Services include housekeeping, personal care, and accompaniment for appointments.

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Family Service Kent (continued)	<p>Home Help Fee ranges between \$20 - \$25 per hour paid directly to the home helper by the client Free in-home assessment to identify client needs/goals.</p> <p>Client Intervention: Free client-directed support and social work services for vulnerable/at-risk seniors, adults with disabilities, and residents of care homes or supported living.</p>			
FLIP – Financial Literacy Independence Program John Howard Society of Windsor - Essex	8-week financial literacy program that looks at setting financial goals, budgeting, credit & debt management	New to Chatham September 2024	For more information contact Jaime Kennedy John Howard Society of Windsor-Essex	Call Jaime at 519.252.3461
NeighbourLink	<p>Transportation for medical appointments, phone buddy program</p> <p>Wrap Around Supports – helps by providing tools for planning and problem-solving, along with supportive relationships in the form of a Wrap Around team, to help achieve a better life</p>	<p>40 Centre Street</p> <p>Available to all communities in Chatham Kent</p>	<p>Tuesday - Thursday 9 am to 12 pm Tuesday - Thursday 9 am to 12 pm</p>	<p>519-352-5647</p> <p>NeighbourLink CK Non-profit Chatham, Ontario</p>
NeighbourLink Financial Literacy Program	Christians Against Poverty (CAP) – Free Family & Personal Budgeting Course (day & night courses available) three sessions Fall, Winter Spring	40 Centre Street Available to all communities in Chatham Kent	Course is 4 2-hour sessions	<p>519-352-5647</p> <p>Call to register</p>
New Beginnings ABI & Stroke Recovery Program Brain Injury Association	Provides social, recreation, education and leisure opportunities to survivors and anyone impacted by brain injury or stroke	9 Maple Leaf Dr. Chatham	See website or call for programs info@newbeginnings-cksl.com Follow on Facebook for programs	519-351-0297
United Way’s Tilbury Information & H.E.L.P. Centre	Provides various services for those in need	26 Queen St, Tilbury	Tuesday - Friday 9:00am - 3:00pm	<p>519-354-0430</p> <p>Email: info@weareunited.com</p>

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

VON Services	Senior's Exercise & Fall prevention Supportive Care Volunteer Visiting Friendly Visiting Program Kid's Circle /Telephone Assurance Prog. Home Support Service / E-Homecare Chronic Pain Management ON student nutrition program	190 Stanley Ave, Suite 100, Chatham	Monday – Friday 8 am – 4:30 pm	519-352-5515 1-855-285-2990 Chatham Kent VON
VON Grieving Well	8-week Support Group for those who are grieving Mondays Starting Oct 14 th ; Registration is required	425 McNaughton Ave W	Mondays 5 pm – 7 pm	519-354-0430 ext. 291 Erin.crow@von.ca
VON Virtual Grief Support	4 Virtual Grieving Support Options Available Across the VON South-West Region Death by Suicide Addiction Related Death Death of a Child Medical Assistance in Death (MAID) Registration is Required	Virtual	Call for information about available programs in Chatham - Kent	519-354-0430 ext. 291 Erin.crow@von.ca
Wheatley – The Village Resource Centre	A safe and sustainable location from which all community residents and businesses have equitable access to information, goods, and opportunity, through a variety of strong and reliable community partnerships. We offer a pay-it-forward food pantry that also provides food assistance to neighbours in need, professional offices, boardroom, and event spaces available for rent, an internet cafe with computers, internet, and printing, and more. Contact us for more information.	108 Talbot Road East Wheatley	Mon Wed Thurs Fri 9am - 5pm Tuesday 9am - 8pm Saturday 10am - 2pm	Main - (226) 484-1004 Cell - (519) 300-4101 info@villageresourcecentre.ca
211 – Chatham - Kent	Free and confidential helpline that connects people to the social services, programs and community supports they need. Supports include but are not limited to mental health, physical health, food, housing, and government services. Provides a lifeline for the community, connecting individuals to essential resources and support	Available 24 / 7 in over 150 languages	Dial 211 Or visit 211.ca	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

LEGAL SUPPORTS

Chatham Kent Legal Clinic	Provide service/advice & representation in Landlord/Tenant matters; CPP, OW, ODSP appeals; employment law; Human Rights in the Workplace; Criminal Injuries Compensation applications; Sexual harassment in the Workplace DO NOT help with criminal, family, or property law; These matters are referred to the Private Bar, Lawyer Referral Service, the Legal Aid Office, Duty Counsel, or to other agencies as applicable	455 Grand Ave E Unit 9 Chatham	519-351-6771 Leave a message and your call will be returned Clients must meet financial eligibility to qualify for this service and must be residents of Chatham-Kent	Walter Van de Kleut walter.vandekleut@cklc.clcj.ca Executive Director/Lawyer Chatham-Kent Legal Clinic Phone: 519-351-6771 Fax: 519-351-8091 www.cklc.ca
Legal Aid Ontario	Client Service Centre for application and phone advice			1-800-668-8258 www.legalaid.on.ca
	Duty Counsel Services & Enhanced Duty Counsel For those who qualify financially; located at the Courthouse & through the Family Law Service Centre	425 Grand Ave W Chatham		519-352-3518
	Family Law Information Centre Family advice clinic			519-355-2200
	Family Law Service Centre Provides modest income families with family law matters - child custody, access, child support, and children's service matters			519-352-3518
	Lawyer Referral Lists List of lawyers who accept legal aid certificates are available at the Courthouse	425 Grand Ave W Chatham		519-352-4245
Ontario Landlord Tenant Board/Tribunal	Ontario's LTB resolves disputes between landlords and tenants and gives them information about their rights and responsibilities	Landlord and Tenant Board Tribunals Ontario LTB tech support: 416-212-9064	TOP: Tribunals Ontario Portal Tribunals Ontario Accessing the Portal LTB: Forms Tribunals Ontario Accessing LTB Forms/application *Advocacy Center for Tenants Ontario* 1-866-245-4182	LTB 1-888-332-3234 TTY Bell Relay Service 1-800-268-9242 LTB Fax: 1-833-610-2242 LTB email: ltb@ontario.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

WSIB Legal Supports

These resources can be used for employee matters around WSIB claims and appeals .
NOTE: clients only have 30 days from the date of the WSIB decision to submit an objection.

- Office of the Worker Adviser 1-800-435-8980
- Injured Workers' Consultants 416-461-2411
- Industrial Accident victims Group of Ontario 416-924-6477
- The Workers' Health and Safety Legal Clinic 416-971-8832