Presenting Sponsor









# Newsletter Highlights

Supporting Important Causes

Dreams Come True

In Our Community

**Events** 

In Memory













WWW.CLC-K.CA 519-352-1174 INFO@CLC-K.CA



# SUPPORTING IMPORTANT CAUSES















Special Olympics Canada partnered with Tim Hortons to create the limited edition Special Olympics Donut.

Community Living Chatham-Kent quickly jumped at the opportunity to support a wonderful cause, and indulge in a delicious treat!

All the proceeds from sales of the donut went directly to local Special Olympics programs, supporting thousands of athletes across the country.

We can create a better tomorrow when we #ChooseToInclude today.



# SUPPORTING IMPORTANT CAUSES











choose kindness

Pink Shirt Day is an annual campaign that originated in Canada and is now observed in many countries around the world. It is held on the last Wednesday in February. The day aims to raise awareness about bullying and to promote kindness, empathy, and inclusion in schools, workplaces, and communities.

Community Living Chatham-Kent employees, and people who access services wore pink shirts proudly on Wednesday, February 28.

"No act of kindness, no matter how small, is ever wasted." - Aesop



# SUPPORTING IMPORTANT CAUSES



World Down Syndrome Day (WDSD) is observed annually on March 21. It's a global awareness day that aims to raise public understanding about Down syndrome, promote inclusion, and advocate for people's rights, well-being, and dignity. The date was chosen to symbolize the triplication (trisomy) of the 21st chromosome, which causes Down syndrome.

On this day, various activities, events, and campaigns take place to celebrate the lives and achievements of people who have Down syndrome.

"Funky Sock Day" is often celebrated in conjunction with World Down Syndrome Day. Wearing brightly coloured, mismatched, or funky socks has become a symbolic gesture of support for people who have Down syndrome. The idea behind wearing funky socks is to promote uniqueness and inclusivity, as each sock, like each person, is different in their own way.

Pictured above are people throughout CLC-K showing their support for this wonderful campaign!



### DREAMS COME TRUE



The Rob McLandress Make a Dream Come True Fund was made possible through a bequest to Community Living Chatham-Kent by the late Father James Williams. Father Williams was an ongoing supporter of the work of Community Living Chatham-Kent, and his bequest was made in honour of Rob McLandress, whose family he was very close to.

The Fund will accept applications until April 12, 2024 to provide people who have diverse abilities the opportunity to fulfill a dream.

The applications will be reviewed by a committee, and two awards of \$1,000 each will be announced during the CLC-K Flag Raising on May 2, 2024, at the Civic Centre.

To apply, please click here.



David was one of the recipients of the Rob McLandress Make a Dream Come True Fund in 2023.

He spent the night at the beautiful Best Western Greenfield Inn, then visited the Henry Ford Museum, and Greenfield Village. He enjoyed seeing many of his favourite things including old tractors, classic cars, and steam engines.

David watched Imax films about migratory birds, and marine life. As a token of appreciation to the theatre staff, he gave them all great fist bumps!

This trip was undoubtedly one to remember!





### **Exploring Chatham-Kent**



Tammy, Drew, and DSP Nicole spent their weekend supporting many local businesses. They started their day at Charlie's Cafe in Blenheim, headed to Five Eau in Erieau, made a stop at Thompsons Orchards, and the final destination was Big Ricky's Little Bake Shop!



Wayne flipped dozens of pancakes with The Salvation Army for Shrove Tuesday. He enjoyed every minute of it!



# Day! I was a second of the se

# Happy Valentine's Day

Barry, Jim, and Daniel worked hard making delicious pizzas in honour of Valentine's Day. Ron was happy to decorate! Great teamwork, everyone!













### Disney On Ice

Kaitlyn had a magical time at Disney on Ice in London at Budweiser Gardens. She especially enjoyed seeing Mickey and Minnie Mouse!



## **Meeting Lefty**

Susan and Jason attended the big reveal of the Barnstormers Mascot, "Lefty", paying tribute to Fergie Jenkins, and his time playing with the Chicago Cubs.

Lefty was a big hit with the fans!





### Cat Café Fundraiser

Jim, David, and DSP Ruth had a blast listening to music, drinking tea, and watching the kittens run around at the Pet and Wildlife Rescue's Cat Café Fundraiser.



Maple Syrup Adventure
Outward Bound hit the road to The
McLachlan Family Maple Syrup and
Pancake House. Kelsy, Sam, Bonita, and
Adam ate pancakes with freshly made
maple syrup, toured the museum,
and viewed the sugar bush.
Good laughs, and full bellies for all!





# **Spreading Kindness**

Jim, Daniel, Ron, and DSPs spent the day spreading kindness. They visited St. Andrew's Residence, The Wish Centre, The Women's Shelter, and Meadow Park Nursing home to gift them with handmade bookmarks and posters. The Big Fix Grassroots Cat Rescue, and PAWR were given donations for the animals. Everyone was overjoyed to receive such thoughtful gifts!

### Pizza Party

Lu-Ann Cowell of the Kiwanis Club of Chatham-Kent joined the Aktion Club members for a pizza party to honour the participants for all the work they do. Thank you, Lu-Ann!





### Colasanti's Tropical Gardens

Children Respite kicked off March Break with a day at Colasanti's Tropical Gardens. The children enjoyed making Sand Art Terrariums, visiting the petting zoo, looking at the spring décor and had a yummy lunch at the restaurant.

It was a great day for all!





### Golden Hour

Tammy and Drew enjoyed supper at Big Chief Drive In. After they enjoyed a walk along the St. Clair River at Brander Park. They took in the gorgeous sunset, saw swans and enjoyed the beautiful weather.

Happy St. Patrick's Day
No shortage of green with this group
of friends on St. Patrick's Day!





# **ACCESSIBILITY**



The Accessibility for Ontarians with Disabilities Act, 2005 (AODA) is intended to reduce and remove barriers for people who have diverse abilities, in hopes that Ontario can become more accessible and inclusive for everyone. Collaboration among businesses, organizations, communities, and all levels of government is key to reaching this goal.

Community Living Chatham-Kent attains the highest standard to meet accessibility achievements to accommodate people who access services, employees, and visitors.

In November of 2023, extra lighting was installed to the outside of one of the residential accommodations. Lighting, which was added to the downstairs apartment entrance and to both driveway areas, removed any visual barriers to ensure everyone's safety.

Additionally, a new railing was added to another home to provide easier access from the driveway (pictured above).







Flag Raising & BBQ



MAY **9** 

**Box Lunch** 





**CLC-K Golf Tournament** 





Minute To Win It Tournament





Food Crawl....buses are back!





5K Run & Wheel





For more information:

www.clc-k.ca







# **EVENTS AND FUNDRAISERS**



### **BOX LUNCH FUNDRAISER**

On May 9, let Subway make your lunch, and CLC-K volunteers will deliver it. It will feature Subway's 6" sub, a bag of chips, water, and a cookie – all for only \$10!

All proceeds from the Box Lunch will stay in Chatham-Kent to enrich the lives of people who have diverse abilities by providing quality services, and meaningful and inclusive opportunities.



### **GOLF TOURNAMENT**

Join us for a day filled with swings, putts, and plenty of fun on the green! Whether you're a seasoned pro or just starting out, this tournament is for you!

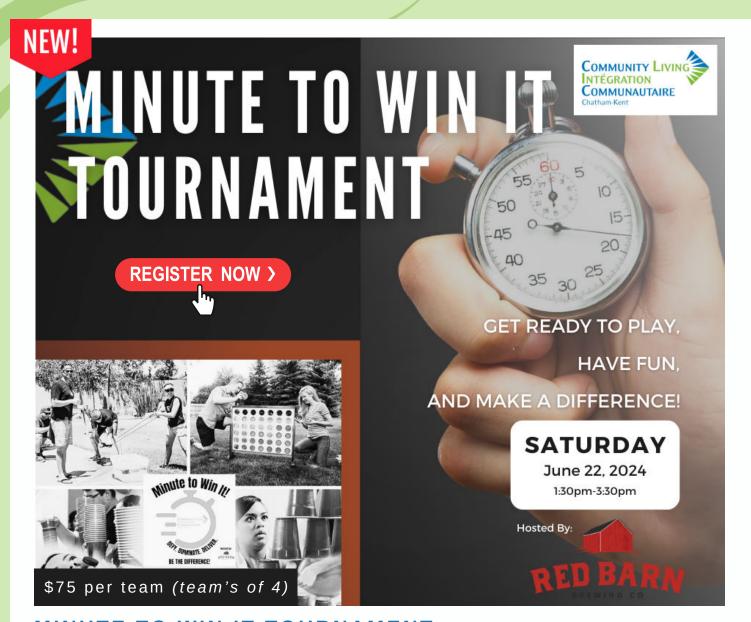
Registration includes a shotgun start at 9:00am, 18 holes with a cart, lunch, and dinner.

Register today by clicking here.





# **EVENTS AND FUNDRAISERS**



### MINUTE TO WIN IT TOURNAMENT

This is a FUNdraiser you won't want to miss. The event includes:

- Minute to Win It Challenges: Put your skills to the test with a series of quick and quirky challenges that are sure to keep you on your toes.
- Team Competitions: Form a team of 4 with your friends, family, and colleagues to compete for the title of "Minute to Win It Champions."
- Prizes: Win fabulous prizes, and of course.. bragging rights.

Each team is guaranteed 7 games, with the top 2 teams from each division advancing to the semi-finals. Only 16 teams will be accepted!

To register, visit clc-k.ca, or click here.





# **EVENTS AND FUNDRAISERS**



### **FOOD CRAWL**

Back by popular demand, Community Living Chatham-Kent is thrilled to host the Food Crawl on Thursday, July 18. Four buses will depart at 6:00pm sharp from Match Eatery, and begin their tour to a total of five different restaurants across Chatham.

This 19+ event is a fantastic opportunity for participants to indulge in delicious food, mingle with a group of friends, and celebrate summer.

The 2024 theme is Olympics! Will you win GOLD for best dressed?

Tickets (\$70/person) will be on sale starting the beginning of May. Your ticket includes bus transportation to each of the five restaurants, appetizers/special menu items, and the opportunity to win great prizes!



# **ANNOUNCEMENTS**



### **BIZCONNECKT**

CLC-K was pleased to be a part of the Not-for-Profit BIZconneCKt event hosted at the Everest Convention Centre on Wednesday, January 10.

To celebrate Community Living Month, CLC-K will host BizConneCKt on Wednesday, May 8, at Sons of Kent, from 4:30pm-6:00pm. Everyone is welcome to join with us!





### THAMESVILLE SERTOMA CLUB

Thank you to the Thamesville Sertoma Club for their donation in support of the 2023 Snowflake Campaign.

CLC-K is very grateful for their continued generosity.





# **ANNOUNCEMENTS**



### **LEADERS WITHIN GRADUATES**

Congratulations to Chelsea, Courtney, Morgan, Bill, Paige, and Kerri who were recent graduates from the Leaders Within training program. This unique program was created to develop public speaking and leadership skills, as well as give people who access services the opportunity to speak at community events.

Thank you to Christine Kent, and Jennifer Ginty for their incredible facilitating skills during the training!





### SNOWFLAKE CAMPAIGN UPDATE

CLC-K extends a very special thank-you to everyone who supported the Snowflake Campaign. This campaign funded three instruments including the Adaptive Guitar, Acoustic Guitar, and Air Guitar. It has been a joy watching people who access services explore and utilize the new technology.

The late Tonio De Luca would often express how happy the instruments made him. He was quite a musical artist!

CLC-K sincerely appreciates each donor who contributed to the Snowflake Campaign to make these opportunities possible!





### CHATHAM-KENT POLICE SERVICE

Special Constable Brent Boundy, from the Chatham-Kent Police Service, Crime Prevention and Community Safety Unit, provided an educational session about protecting yourself from fraud and scams. Participants had the opportunity to ask questions about specific scenarios regarding identify theft, romance scams, and email scams.

Thank you to the Chatham-Kent Police Service for this informative session!

### **VOLUNTEERS - YOU MAKE A DIFFERENCE!**

Many people say that volunteering has changed them in ways they would have never expected, from making new friends, learning new skills, or perhaps even landing a job opportunity, the benefits are endless!

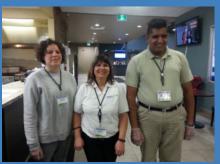


CLC-K has many unique and meaningful volunteer opportunities.

THANK YOU to our volunteers for contributing your time, energy, and talents to CLC-K.

You are valued, and truly appreciated.















### **JANUARY**

Shannon Sturdevant – 20 years Carin Emery – 15 years Kyle Lozon – 10 years Lisa Misselbrook – 10 years

### **FEBRUARY**

Candise May – 15 years Tracy Knister – 5 years

### **MARCH**

Tammy Owen - 30 years Kathryn Rogers - 15 years Sandra Sheppy - 10 years Andrea Taylor - 10 years Amy Dahms - 5 years















If you are interested in donating in memory of a loved one, please contact Nicole at nroeszler@clc-k.ca. Donating in memory of someone special is a meaningful way to honour their life, create a lasting impact, and ensure that their influence continues beyond their lifetime.



# **CONTACT US**

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