



Newsletter Highlights

A Message from
Executive Director

Supporting Important Causes

Health & Wellness

Dreams Come True

In Our Community

Events

In Memory

COMMUNITY LIVING CHATHAM-KENT'S
GOLF TOURNAMENT
JUNE 17, 2023
WILLOW RIDGE GOLF & COUNTRY CLUB

Presented by:

9 AM SHOTGUN

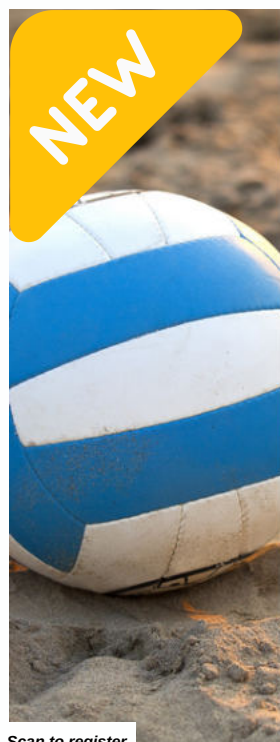
**\$150
per person**

**TO REGISTER
WWW.CLC-K.CA**

Registration Deadline: June 1, 2023



Scan to
register



**Co-ed Round Robin
Volleyball Tournament**
Saturday, June 24, 2023
Southside Tap & Grille

- Registration is \$250 per team
- Each team is guaranteed 4 games
- 3 guys and 3 gals must be on the court at all times
- Up to 16 teams can register
- Minimum of 6 players per team with a maximum of 8
- Email Lisa McAllister at lmcallister@clc-k.ca for further information
- Registration open April 1, 2023

Scan to register



Bumpin' Beach Volleyball Tournament

June 24, 2023
Southside Tap & Grille, Chatham, ON



WWW.CLC-K.CA
519-352-1174
INFO@CLC-K.CA

MESSAGE FROM EXECUTIVE DIRECTOR



Welcome to the Spring edition of the Community Connections Newsletter.

Community Living Chatham-Kent was thrilled to host MPP Trevor Jones, and Ontario Trillium Foundation volunteer Fanny Vavoulis for a recognition event on March 17th. The agency had received \$6,400 which allowed for the purchase of laptops with accessories to be utilized in the Outward Bound Program.

CLC-K underwent a Quality Assurance Measures Compliance Review during the period of January 23rd – February 2nd.

Beverly Howell and Lisa Dickson from the Ministry of Children, Community and Social Services did site inspections at several locations, they reviewed thirty-six (36) files of people who access services, fourteen (14) employee files, Board Records, Board Minutes, Serious Occurrence Reports, Fire Safety Plans, and Monthly Health & Safety Inspections. CLC-K did outstanding having three (3) non-compliances which have been corrected. Thank-you to everyone who participated. I extend a special thank-you to Sandy Morrow, Lisa Blonde, and Angela Corso.

Congratulations to Thomas Palacios, and Sebastian Campbell, recipients of the Jonathan Daniel Stone Fund Awards. Thomas received a tablet with accessories and Sebastian received a laptop with accessories.

May is Community Living Month. The celebratory month begins with Blue and Green day on May 1st, followed by the CLC-K Flag Raising and Barbeque on May 2nd, at the Municipality of Chatham-Kent Civic Centre. Please check the website for additional activities.

Enjoy the terrific weather.

Sincerely,

A handwritten signature in black ink that reads "Ron Coristine". The signature is written in a cursive, flowing style. There is a horizontal line drawn through the signature, starting from the end of the name and extending to the right.

Ron Coristine
Community Living Chatham-Kent

SUPPORTING IMPORTANT CAUSES



Special Olympics Canada partnered with Tim Hortons to create the limited edition *Special Olympics Donut*, which was available from February 3-5 throughout Canada.

Community Living Chatham-Kent quickly jumped at the opportunity to support a wonderful cause, and indulge in a delicious treat!

All the proceeds from sales of the donut went directly to local Special Olympics programs, supporting thousands of athletes across the country. They were thrilled to announce that nearly \$625,000 was raised through the Special Olympics Donut, setting a new record for this fundraiser!

We can create a better tomorrow when we #ChooseToInclude today.



SUPPORTING IMPORTANT CAUSES



Community Living Chatham-Kent wore pink shirts proudly on Wednesday, February 22 to raise awareness about the prevention of bullying, and to promote kindness, and inclusion.

On Pink Shirt Day—and every day—let's do what we can to treat each other with respect.

Together, we can lift each other up!

#BeKind

SUPPORTING IMPORTANT CAUSES



Did you know that Down Syndrome affects approximately 6,000 babies at birth every year?

Annually, on March 21, World Down Syndrome Day is celebrated to raise public awareness, promote inclusivity, and encourage advocacy. In recognition of this, everyone throughout Community Living Chatham-Kent wore their funky socks to celebrate people's differences!

"When you judge someone based on their diagnosis you miss out on their abilities, beauty, and uniqueness." - Sevenly

HEALTH & WELLNESS

SPRING SELF-CARE IDEAS

go on a bike ride



Keep those happy feelings blossoming throughout the season with these spring self-care ideas:

go roller skating



spruce up your garden or buy some plants to hang up in the house



make a seasonal fruit smoothie



colour co-ordinate your book shelf



go on an easter egg hunt



disconnect from social media



open the windows and air out your home



NOTESBYTHALIA.COM

DREAMS COME TRUE



The Rob McLandress Make a Dream Come True Fund was made possible through a bequest to Community Living Chatham-Kent by the late Father James Williams. Father Williams was an ongoing supporter of the work of Community Living Chatham-Kent, and his bequest was made in honour of Rob McLandress, whose family he was very close to.

The Fund will accept applications until April 14, 2023 to provide people who have diverse abilities the opportunity to fulfill a dream.

New this year: CLC-K was honoured to receive the Making a Difference Award from the Provincial Network Human Resource Forum on October 3, 2022, in memory of Lesa Jansen. The Provincial Network also presented CLC-K with a \$1,000 donation, which will be used to make a dream come true.

The applications will be reviewed by a committee, and three awards of \$1,000 each will be announced during the CLC-K Flag Raising on May 2, 2023 at the Civic Centre.

Please find more information, as well as the application, by visiting: <https://www.clc-k.ca/our-impact/rob-mclandress-make-a-dream-come-true-fund/>

IN OUR COMMUNITY



Pizza! Pizza!

The Tilbury PMAC had a blast touring Woodcraft Pizza in Tilbury. A special thank you to Linda, who demonstrated how to make dough and prepare the pizza for the wood oven. The group said the best part of the experience was eating it!



A Magical Day

Kaitlyn and Jill (DSP) visited Budweiser Gardens to see Disney on Ice. Kaitlyn has always been a huge fan of Disney, so she had a magical time watching the live performance!



Cheers!



Scottish Fun

Todd and Tyler enjoyed a Scotch tasting, followed by a Scottish dinner, at the Chatham Retirement Resort.



IN OUR COMMUNITY



Snow Much Fun

Children's Respite enjoyed building a snowman, and playing outside on a very mild day. The truth is... the DSPs loved it as much as the children!



Movie Night

A group from Stewart Street went out for dinner at the Satellite Restaurant, then walked to the Capitol Theatre to watch 'Ticket to Paradise'. It was a great night with many laughs!



All Fun and Games

These ladies had a wonderful time at Turns & Tales. They played Uno, tried some of the delicious treats, and enjoyed each other's company!



IN OUR COMMUNITY



Outdoor Adventure

Drew, Tammy, and Nicole (DSP), enjoyed a brisk morning walk along Canada's first elevated park trail in St. Thomas, where they stopped to see Jumbo the Elephant.



YMCA

Micheline and Gina had a great workout at the Chatham-Kent YMCA. It is a great facility, with friendly staff, and a fun atmosphere!



Animal Friends

Helen and Sherry enjoyed their day at Colasanti's Tropical Gardens. They had lunch together, then interacted with the animals. The goats and birds were their favourite!



IN OUR COMMUNITY



Vroom, Vroom

Jim enjoyed volunteering for the Salvation Army at the Indoor Car Show, which was held at the Bradley Center.



Newspaper Tour

Members of Blenheim PMAC were very excited to tour The News Tribune. The paper was established in 1880, and also specializes in cards, envelopes, and flyers. Rob has worked there for 32 years. Thank you, Pete Laurie, for the great learning experience!



Crushed It

Members of Ridgetown PMAC toured Wrights Automotive & Towing in Highgate, for the Kiwanis Can Crushing Fundraiser.

They were shown how cans are put on a conveyor system, and crushed. Thank you to Ridgetown Kiwanis for this exciting day!



IN OUR COMMUNITY



Act of Kindness



While on a trip to Niagara Falls, Medea and her peer enjoyed a dinner out. Much to their surprise when they went to pay for their meal the waitress shared that a generous family, who was seated at the table behind them, had paid for their entire bill. Medea and her peer are forever grateful for this act of kindness!



St. Clair College

A group from CLC-K met with DSW students at St. Clair College. They had a great time making crafts, playing games, and socializing.... the snacks were great too!



Full of Fun



Tim, Candace, Christina, and David went to Komoka for McLachlan's fresh maple syrup, and pancakes. Full bellies, and an hour less sleep, meant a good nap on the way home.

EVENTS

COMMUNITY LIVING
INTÉGRATION
COMMUNAUTAIRE
 Chatham-Kent

**May is
 Community Living Month.
 Celebrate with us!**



VISIT
WWW.CLC-K.CA
FOR MORE INFORMATION

COMMUNITY LIVING MONTH 2023

BLUE & GREEN DAY

May 1- Celebrate with us by wearing BLUE & GREEN. Send photos to show how you are celebrating to info@clc-k.ca. Use #inclusion while sharing on social media.



FLAG RAISING & BBQ

May 2 - Join the Annual Flag Raising ceremony at the Chatham-Kent Civic Centre. Festivities begin at 11:00 am and will include presentation of the Joyce M. Carr Champion Award and the Rob McLandress Make A Dream Come True awards. A charity BBQ will follow sponsored by OPSEU Local-148.



SPRING CRAFT FAIR & YARD SALE

May 6 - Located at 1099 Park Avenue West, Chatham, from 9:00 am - 2:00 pm. Browse local vendors as they shine a light on their products while supporting Community Living Chatham-Kent. The Optimist Truck will be onsite to provide some delicious menu items.



CLC-K DAY AT BOSTON PIZZA

May 25 - Join us for CLC-K day at Boston Pizza. On May 25, 10% of all food orders are donated to CLC-K to enrich the lives of people who have diverse abilities by providing quality services, and meaningful and inclusive opportunities. Come out and show your CLC-K support!



IN THE SPOTLIGHT

Throughout the month of May, CLC-K will highlight the great employees, services, and events that occur around CLC-K. More importantly you will hear from the people who access services through CLC-K and their important stories.



LIBRARY CAFÉ

Throughout the month of May, CLC-K will serving up free beverages thanks to the generosity of Postma Heating & Cooling. Drop into the Library Café between 9:30 am - 1:00 pm from Monday to Thursday to celebrate with us!



EVENTS

BOX LUNCH



- ✓ 6" Sub 9-Grain
(your choice of turkey or veggie)
- ✓ cookie
- ✓ a bag of regular chips
- ✓ bottle of water

\$10

Thursday,
May 11,
2023

COMMUNITY LIVING
INTÉGRATION
COMMUNAUTAIRE
Chatham-Kent

Toppings for subs includes: lettuce, tomato, pickle, and cheese (add cucumber and green peppers for veggie). Sorry no substitutions.

All orders will be delivered between
10:30am-1:00pm by
CLC-K Volunteers on Thursday, May 11.

Visit www.clc-k.ca to
submit your orders.
Orders must be pre-paid online.

Submit your
order today!

ORDER NOW

BOX LUNCH for Kids!

It's Back! We want to give back and help with the school nutrition programs by providing lunches on May 12, 2023. See order form to contribute.

HEY CHATHAM-KENT!

No need to make your lunch on Thursday, May 11.
Let Subway, and Community Living Chatham-Kent deliver it to you!

COMMUNITY LIVING CHATHAM-KENT'S
GOLF TOURNAMENT

JUNE 17, 2023

WILLOW RIDGE GOLF & COUNTRY CLUB

Presented by:



9 AM SHOTGUN

\$150
per person

TO REGISTER
WWW.CLC-K.CA

Registration Deadline: June 1, 2023

**JOIN US FOR A
GREAT DAY!**

The cost is \$150/person, which includes a shotgun start, 18 holes with a cart, lunch, a steak dinner, and door prizes.

Hope to see you there!

It will be a day of fun, fellowship, delicious food, and celebrating CLC-K!



Scan to
register



EVENTS



We are pleased to host this fun co-ed
Round Robin Tournament on
Saturday, June 24, 2023 at
Southside Tap & Grille

- Registration is \$250 per team
- Each team is guaranteed 4 games
- 3 guys and 3 gals must be on the court at all times
- Up to 16 teams can register
- Minimum of 6 players per team with a maximum of 8
- Email Lisa McAllister at lmcallister@clc-k.ca for further information and registration form



Bumpin' Beach Volleyball Tournament

June 24, 2023
Southside Tap & Grille, Chatham, ON



Saturday, June 24

**8:00am – Check In
8:45am – Play begins**

Southside Tap & Grille

\$250/Team

**Prizes: Top teams in
each division**

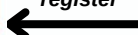
Lunch will be provided.

IT'S GOING TO BE BUMPIN'!

You don't want to miss this 19+ round robin co-ed tournament.
Register your team below, or visit www.clc-k.ca for details.



Scan to
register



EVENTS

FOOD TRUCK *Crawl*

Presented by: **CAMPBELL**

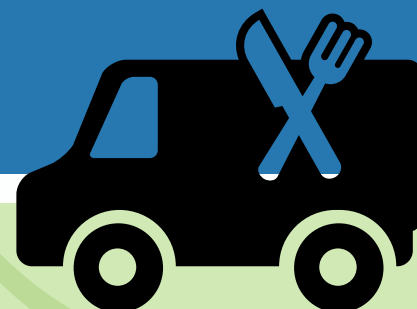
July 20, 2023
**Sons of Kent
Backyard!**
5:30 pm - 10:00 pm



This is a summer event you **MUST** attend!
Tickets will be on sale **THIS WEEK!** Stay tuned to
CLC-K's social media for details.

Email info@clc-k.ca for a sneak peek
of the amazing Food Trucks that have been secured!

Find more information at www.CLC-K.ca.



ANNOUNCEMENTS

Leaders Within Graduates

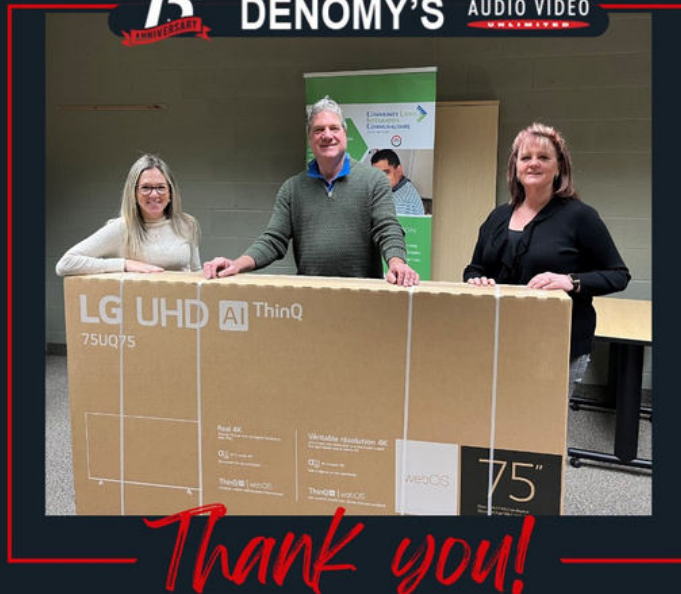


LEADERS WITHIN

Congratulations to Tod, Stephanie, Ely, Renee, and Ella, who are recent graduates from the Leaders Within training program. This unique program was created to develop public speaking and leadership skills, as well as give people who access services the opportunity to speak at community events.

Thank you to Christine Kent for her amazing facilitating skills during the training!

75TH ANNIVERSARY DENOMY'S AUDIO VIDEO UNLIMITED



DENOMY'S AVU DONATION

We extend a very special thank you to Denomy's Audio Video Unlimited for their generous donation of a LG 75" 4K SMART TV. CLC-K will be raffling off this incredible prize at the Food Truck Crawl on Thursday, July 20, at Sons of Kent.

Congratulations to Denomy's AVU on celebrating their 75th Anniversary!



Pictured: Nicole Roeszler (CLC-K), Chris Denomy (Denomy's AVU), and Lisa McAllister (CLC-K)

FAMILY SUPPORT NETWORK



WWW.CLC-K.CA/FAMILY-SUPPORT-NETWORK/
519-352-1174 EXT. 250

FAMILY SUPPORT NETWORK

This network is driven by families, friends, and supporters of children and adults who have diverse abilities.

The Family Support Network gathered on March 22, 2023. Thank you to those who attended!

If you are interested in joining these monthly meetings, please contact njansen@clc-k.ca, or visit www.clc-k.ca for more information.



(Pictured: Dr. and Mrs. Stone, Sebastian Campbell, Bridget Tuinstra, and Christina Campbell)

Jonathan Daniel Stone Fund Awards

Community Living Chatham-Kent is pleased to announce the two recipients of the Jonathan Daniel Stone Fund. Awards were presented on March 22, 2023.

Thomas is an ambitious fifteen years old, who strongly seeks a world of independence. Thomas received a tablet device, and corresponding headphones. He will utilize the multiple applications and device features to gain skills of independence, time management, finances, and other knowledge that contributes to independent living.

Sebastian Campbell is fourteen years old. Sebastian received a durable laptop, which was recommended by his Occupational Therapist. The laptop will provide endless benefits including reducing his stress and anxiety, to completing his assignments quicker and easier.

In May of 2013, Daniel Stone passed at the age of 11. The fund created by Jonathan Daniel Stone's family celebrates his life. The fund annually supports initiatives to assist children who have been diagnosed with autism and/or other diverse abilities, and their families. A review committee comprised of Dr. Jonathan and Sarah Stone, a person who accesses services, a Community Living Chatham-Kent Manager, and a Community Living Chatham-Kent Board Member, selected recipients.

Congratulations to Thomas and Sebastian!



**COMMUNITY LIVING
INTÉGRATION
COMMUNAUTAIRE**
Chatham-Kent

DREAM MAKERS

MONTHLY GIVING PROGRAM

DONATE NOW

- ✓ Feel good knowing you're making an ongoing, lasting impact
- ✓ Budget your financial impact by giving 12 smaller gifts a year, versus one larger one
- ✓ Preauthorized monthly payments are easy and convenient
- ✓ You can upgrade, change, or cancel your monthly gift at any time
- ✓ Monthly donors receive a consolidated tax receipt

CLC-K invites you to join the **DREAM MAKERS Monthly Giving Program**, which makes a difference all year long!

A gift of \$10/month works out to \$2.30/week, but accumulates to \$120/year! It may be difficult to donate \$120 at one time, so spreading it over twelve months makes it easier to budget financially. If you increase your monthly gift to \$20, or \$50, the impact grows!

Join this wonderful program by visiting www.clc-k.ca, clicking "Donate Now" in the top right corner, then select "Donate Monthly", or simply click the "Sign Up Now" icon below.

SIGN UP NOW



Celebrating employee work anniversaries



**Congratulations to our
many dedicated employees!**

JANUARY

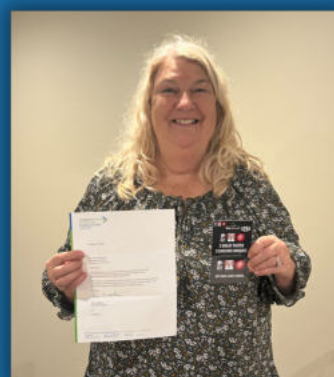
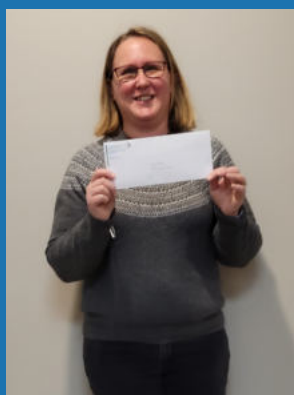
Steve Stokley – 15 years
Kim Haddock – 10 years

MARCH

Fran Tol – 40 years
Amanda Voros – 5 years

FEBRUARY

Roseanne Mills – 25 years
Marie Mason – 20 years
Cindy Hegmans – 5 years
Felecia Lounsbury – 5 years
Benjamin Taylor – 5 years
Janell Beemer – 5 years



CONGRATULATIONS!

*"Those we love don't go away, They walk beside us every day.
Unseen, unheard, but always near. Loved, missed, and very dear."*

in
loving
memory

Mary Ann Barei

Jane Goodwin

Mary Jean Horne

Max Howell

Jack McKillop

Joan Risdon

Robyn Trudell

Rose Wickwire

COMMUNITY LIVING
INTÉGRATION
COMMUNAUTAIRE
Chatham-Kent

contact us!

www.clc-k.ca

info@clc-k.ca

519-352-1174 ext. 232



650 Riverview Drive, PO Box 967, Chatham, ON N7M 5L3

HELPFUL RESOURCES

The Care You Deserve

Find out what to expect while living, or being looked after, away from your parent's or primary caregiver's home.



Learn about the **12** quality standards:

They will help you know when and how to ask for different supports or services.

- 1 Your rights:** I have rights and should be told what my rights are in words I understand.
- 2 Your needs:** I have a say in what my needs are and how they are met.
- 3 Your placement:** Adults making placement decisions should find out my needs and place me where they'll be met.
- 4 Your voice:** My opinions and thoughts about my care must be respected.
- 5 Your safety:** Feeling safe, accepted and able to be myself wherever I live is important.
- 6 Your identity:** I should feel supported to explore who I am and how I think about myself, including my identity, culture and beliefs.
- 7 Your relationships:** My caregivers should help me build relationships with others.
- 8 Staff and caregivers:** Those who care for me should have the right skills to meet my needs.
- 9 Your health and well-being:** The services I get should help me be physically, emotionally, spiritually, culturally and mentally healthy.
- 10 Your education:** My caregivers should help me understand why school is important and help me go to whatever program is good for me.
- 11 Your access to the Internet:** If I am mature enough, I should be taught to safely use the Internet.
- 12 Your life skills:** I should be taught important life skills to look after myself, like grocery shopping and learning how to handle money responsibly.

To learn more visit: ontario.ca/ChildFriendlyGSF



HELPFUL RESOURCES

Promoting Growth Every Day

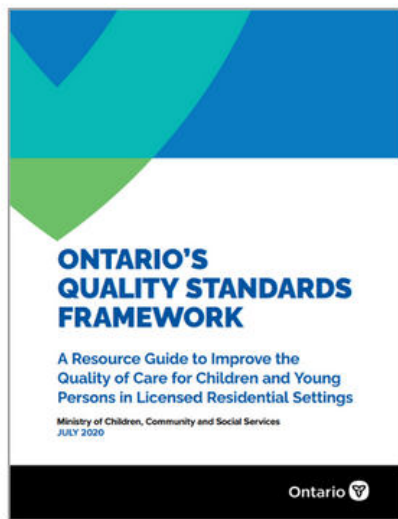
Service providers have a responsibility to deliver high-quality care to children and youth while in licensed out-of-home care settings. Positive outcomes for children and young persons start with meeting their needs and supporting them to thrive from the very beginning. Consider a garden – you start by selecting a location with good soil and proper conditions, add seeds, and then nourish them daily with care, adjusting when needed. Think of out-of-home care in the same way – you can create a good start, plant seeds for success and help children and youth to flourish.

[Ontario's Quality Standards Framework: A Resource Guide to Improve the Quality of Care for Children and Young Persons in Licensed Residential Settings](#) (QSF) outlines how service providers can provide high-quality care.



As a licensed service provider, you have the opportunity to promote growth every day.

The Ministry of Children, Community and Social Services is offering **three FREE training videos** to support you **in applying the quality standards**.



Good Start: Creating a nurturing environment

- Informed Placement Decisions
- Rights and Complaints
- Staff and Caregiver Learning
- Supported Transitions



Welcome: Planting seeds for success

- Individualized Care
- Voice
- Safety, Inclusion and Accessibility
- Educational Achievement



Everyday Growth: Providing daily quality care

- Identity
- Healthy Relationships
- Health and Well-being
- Access to Electronic Communications

The videos will not expire and can be accessed without registration. Video Slides and Closed Captioning available in English and French:

- **Video One: Good Start**
- **Video Two: Welcome**
- **Video Three: Everyday Growth**

If you have any questions about the QSF Training Videos, please contact qualitystandardsframework@ontario.ca.